

Regulations on quarantine etc. after travelling outside the Nordic region

Date	FOR-2020-03-13-287
Ministry	Ministry of Health and Care Services
Entry into force	13.03.2020, with effect for persons who have arrived in Norway since 27.02.2020
Amended	FOR-2020-03-12-271
Applies to	Norway
Legal basis	LOV-1994-08-05-55-§1-2 , LOV-1994-08-05-55-§7-12
Published	13.03.2020 kl. 21.45
Journal number	2020-0271
Abbreviated title	Regulations on quarantine etc. after travelling outside the Nordic region

Legal basis: Adopted by Royal Decree of 13 March 2020 under the Act of 5 August 1994 No. 55 relating to control of communicable diseases, section 1-2, third paragraph, and section 7-12. Submitted by the Ministry of Health and Care Services.

Section 1. Duty of quarantine

Persons arriving in Norway from countries other than Sweden or Finland shall undergo quarantine for 14 days after arrival in Norway. The provision also applies to persons who arrive in Norway from Sweden or Finland after a stay in other countries during the past 14 days.

A person in quarantine is to stay in his or her own home or other suitable place of accommodation. The person may only leave the home or place of accommodation if close contact with other persons is avoided.

Section 2. Exemption from duty of quarantine

Persons who are essential to maintain the proper operation of critical public functions and attend to fundamental needs of the population, including persons who perform goods and passenger transport functions, are exempted from section 1. Use of this exemption must be clarified with the entity's management.

Persons included under the exemption mentioned in the first paragraph shall, to the degree possible, avoid close contact with other persons.

Section 3. Isolation

Persons in quarantine who develop cold symptoms such as coughing, fever or shortness of breath shall remain in isolation from the time symptoms first appear until 7 days after all