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**SALE OF FOOD ACT
(CHAPTER 283)**

**FOOD
(AMENDMENT)
REGULATIONS 2011**

In exercise of the powers conferred by section 56(1) of the Sale of Food Act, the Minister for National Development hereby makes the following Regulations:

Citation and commencement

1. These Regulations may be cited as the Food (Amendment) Regulations 2011 and shall come into operation on 15th April 2011.

Amendment of regulation 2

2. Regulation 2(1) of the Food Regulations (Rg 1) is amended by deleting the word “artificial” in paragraph (b) of the definition of “food additive”.

Amendment of regulation 5

3. Regulation 5(4) of the Food Regulations is amended —

(a) by deleting sub-paragraph (d) and substituting the following sub-paragraph:

“(d) the net quantity of the food in the wrapper or container expressed in the following manner:

- (i) for liquid foods, by volume;
- (ii) for solid foods, by weight;
- (iii) for semi-solid or viscous foods, either by weight or volume; and
- (iv) for a food packed in a liquid medium, by net weight of the food together with the liquid medium, and by drained weight of the food.

For the purpose of this sub-paragraph —

- (i) liquid medium means water, aqueous solutions of sugar and salt, fruit and vegetable juices in canned fruits and vegetables only, or vinegar, either singly or in combination;
 - (ii) in the case of weight measure, suitable words like “net” or “drained weight” shall be used to describe the manner of measure; and
 - (iii) the declaration of net contents of frozen food that has been glazed shall be exclusive of the glaze, where glazing refers to the application of a protective layer of ice formed at the surface of a frozen product by spraying it with, or dipping it into, clean water;”;
- (b) by inserting, immediately after sub-paragraph (e), the following sub-paragraph:
- “(ea) the following foods and ingredients that are known to cause hypersensitivity:
 - (i) cereals containing gluten, i.e. wheat, rye, barley, oats, spelt or their hybridised strains and their products;
 - (ii) crustacea and crustacean products;
 - (iii) eggs and egg products;
 - (iv) fish and fish products;
 - (v) peanuts, soybeans and their products;
 - (vi) milk and milk products (including lactose);
 - (vii) tree nuts and nut products; and
 - (viii) sulphites in concentrations of 10 mg/kg or more;”.

Amendment of regulation 8A

4. Regulation 8A(3) of the Food Regulations is amended —

- (a) by deleting the word “or” at the end of sub-paragraph (c);
- (b) by deleting sub-paragraph (d) and substituting the following sub-paragraphs:
 - “(d) vitamins or minerals; or
 - (e) any other nutrients.”; and

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- (c) by deleting the words “but does not include a statement of ingredients or a declaration or claim relating to a vitamin or mineral.”.

Amendment of regulation 9

5. Regulation 9 of the Food Regulations is amended by inserting, immediately after paragraph (6), the following paragraphs:

“(6A) Notwithstanding paragraphs (3), (5) and (6), the following claims may be made on prepacked foods that meet the corresponding criteria set out in the Fourteenth Schedule:

- (a) A healthy diet with adequate calcium and vitamin D, with regular exercise, helps to achieve strong bones and may reduce the risk of osteoporosis. (*here state the name of the food*) is a good source of/high in/enriched in/fortified with calcium;
- (b) A healthy diet low in sodium may reduce the risk of high blood pressure, a risk factor for stroke and heart disease. (*here state the name of the food*) is sodium free/very low in/low in/reduced in sodium;
- (c) A healthy diet low in saturated fat and trans fat, may reduce the risk of heart disease. (*here state the name of the food*) is free of/low in saturated fats, trans fats;
- (d) A healthy diet rich in whole grains, fruits and vegetables that contain dietary fibre, may reduce the risk of heart disease. (*here state the name of the food*) is low in/free of fat and high in dietary fibre; and
- (e) A healthy diet rich in fibre containing foods such as whole grains, fruits and vegetables may reduce the risk of some types of cancers. (*here state the name of the food*) is free of/low in fat and high in dietary fibre.

(6B) Notwithstanding paragraphs (3), (5) and (6), the following claim may be made on prepacked foods that are permitted under these Regulations or approved under regulation 250A to contain phytosterols, phytosterol esters, phytostanols, or phytostanol esters:

“Plant sterols/stanols have been shown to lower/reduce blood cholesterol. High blood cholesterol is a risk factor in the development of coronary heart disease”.

Amendment of regulation 11

6. Regulation 11 of the Food Regulations is amended —
- (a) by deleting the words “a source of” in paragraph (2) and substituting the words “an excellent source of”;
 - (b) by deleting the daily allowance “500 mg” corresponding to the substance “Calcium” in Table I and substituting the daily allowance “800 mg”; and
 - (c) by deleting paragraphs (5) and (6).

Amendment of regulation 14

7. Regulation 14 of the Food Regulations is amended —
- (a) by deleting sub-paragraph (a) of paragraph (2) and substituting the following sub-paragraph:
 - “(a) brand name of the product, or if the product has no brand name at the time of import, the name of the manufacturer of the product or the intended brand name of the product;”;
 - (b) by deleting paragraph (3) and substituting the following paragraph:
 - “(3) Paragraph (1) shall not apply to foods imported under licences or permits issued by the Director-General under the Animals and Birds Act (Cap. 7), the Control of Plants Act (Cap. 57A) or the Wholesome Meat and Fish Act (Cap. 349A).”.

Amendment of regulation 16

8. Regulation 16(3) of the Food Regulations is amended by deleting sub-paragraphs (d) to (g) and substituting the following sub-paragraphs:
- “(d) ammonium, calcium, magnesium, potassium or sodium stearates;
 - (e) magnesium silicate (synthetic), magnesium trisilicate or talc;
 - (f) calcium, sodium aluminium, sodium calcium aluminium or calcium aluminium silicates;
 - (g) silicon dioxide;
 - (h) ammonium, calcium, potassium or sodium myristates;

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- (i) ammonium, calcium, potassium or sodium palmitates; or
 - (j) calcium, potassium or sodium oleates.”.

Amendment of regulation 16A

9. Regulation 16A of the Food Regulations is amended —

- (a) by deleting the words “paragraph (3)” in paragraph (2) and substituting the words “paragraphs (3) and (4)”; and
- (b) by inserting, immediately after paragraph (3), the following paragraph:

“(4) Colouring mixes for inking on food surfaces may contain dimethyl polysiloxane not exceeding 50 ppm in amount.”.

Deletion and substitution of regulation 18

10. Regulation 18 of the Food Regulations is deleted and the following regulation substituted therefor:

“Sweetening agents

18.—(1) In these Regulations, “sweetening agent” means a substance added to food in place of sugar to provide a sweet taste, but does not include aspartame, any sugar, carbohydrate or polyhydric alcohols.

(2) Subject to paragraph (3), no person shall import, sell, advertise, manufacture, consign or deliver —

- (a) any sweetening agent for use in food; or
- (b) any food containing any sweetening agent.

(3) The foods specified in the Thirteenth Schedule may contain the following sweetening agents in the proportions specified in that Schedule:

<i>Substance</i>	<i>Descriptive Name</i>	<i>Descriptive No.</i>
(a) Acesulfame-K	Acesulfame-K	1
(b) Saccharin and its calcium, potassium and sodium salts	Saccharin	2