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UNAIDS is the main advocate for global action on the epidemic. It leads, strengthens and supports an expanded response aimed at preventing HIV transmission, providing care and support, reducing the vulnerability of individuals and communities to HIV, and alleviating the impact of the epidemic.

#### **UNAIDS**

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UNFPA, the United Nations Population Fund, is the world's largest multilateral source of population assistance. Since it became operational in 1969, it has provided help to developing countries, at their request, to meet reproductive health needs and support development efforts. UNFPA helps women, men and young people plan their families and avoid accidental pregnancies; undergo pregnancy and childbirth safely; avoid sexually transmitted infections, including HIV/AIDS; and combat discrimination and violence against women.

#### **UNFPA**

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UNIFEM is the women's fund at the United Nations. It provides financial and technical assistance to innovative programmes and strategies that promote women's human rights, political participation and economic security. UNIFEM works in partnership with UN organizations, governments and non-governmental organizations (NGOs) and networks to promote gender equality. It links women's issues and concerns to national, regional and global agendas by fostering collaboration and providing technical expertise on gender mainstreaming and women's empowerment strategies.

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**FRONT COVER:** An AIDS awareness activist at a World AIDS Day march in Calcutta. *Photo by Deshakalyan Chowdhury—AFP/Getty* 

BACK COVER: A Brazilian student prepares a poster for World AIDS Day. Photo by Evaristo Sa—AFP/Getty

WOMEN AND HIV/AIDS: CONFRONTING THE CRISIS

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# Women and HIV/AIDS: Confronting the Crisis

A Joint Report by UNAIDS / UNFPA / UNIFEM

# **Acronyms**

ART antiretroviral therapy

CEDAW Convention on the Elimination of All Forms of Discrimination against Women

CEE/CIS countries of Central and Eastern Europe and the Commonwealth of Independent States

DOTS directly observed therapy, short-course

FGC female genital cutting

HEI HIV Equity Initiative, Haiti

IAVI International AIDS Vaccine Initiative

ICW International Community of Women Living with HIV/AIDS

IPPF International Planned Parenthood Federation
MaP Men as Partners, a Southern Africa NGO

MDGs Millennium Development Goals

MSF Médecins Sans Frontières

MTCT mother-to-child transmission

NGO non-governmental organization

PAHO Pan-American Health Organization

PEP post-exposure prophylaxis

PMTCT preventing mother-to-child transmission

SHAZ Shaping the Health of Adolescents in Zimbabwe

STI sexually transmitted infection

UNAIDS Joint United Nations Programme on HIV/AIDS

UNFPA United Nations Population Fund

UNGASS UN General Assembly Special Session (on HIV/AIDS)

UNICEF United Nations Children's Fund

UNIFEM United Nations Development Fund for Women

VCT Voluntary counselling and testing
VSO Voluntary Services Overseas, UK
WAR Women against Rape, Botswana
WHO World Health Organization

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# **Preface**

# HIV/AIDS is no longer striking primarily men. Today, more than 20 years into the epidemic, women account for nearly half the 40 million people living with HIV worldwide. In sub-Saharan Africa, 57 per cent of adults with HIV are women, and young women aged 15 to 24 are more than three times as likely to be infected as young men. Despite this alarming trend, women know less than men about how HIV/AIDS is transmitted and how to prevent infection, and what little they do know is often rendered useless by the discrimination and violence they face.

This report is an urgent call to action to address the triple threat of gender inequality, poverty and HIV/AIDS. By tackling these forces simultaneously, we can reduce the spread of the epidemic and its devastating consequences.

Women must not be regarded as victims. They are, in many places, leading the way forward. In communities scattered around the globe, women and men are taking action to increase knowledge about the disease, expand access to sexual and reproductive health and educational services, increase women's ability to negotiate safer sexual relations, combat gender discrimination and violence and increase access to female-controlled prevention methods such as the female condom.

All of these efforts, outlined in this report, are critical. As long as women and adolescent girls are unable to earn an income and exercise their rights to education, health and property, or are threatened with violence, progress on the AIDS front will pass them by. As the stories in this report attest, there is no limit to innovative practices. Strategies for survival are pioneered every day on the ground by women living with HIV/AIDS. The limitations lie elsewhere: in the painful shortage of resources—especially for women and women's issues—and in the shameful lack of political will to meet international commitments. For too many years, the voices and demands of women, particularly women living with HIV, have fallen on deaf ears. The world can no longer afford to ignore them. We must find the money needed for care and treatment for all. We must put an end to the stigma and discrimination

that limit women's access to treatment and leave them responsible for taking care of the ill and dying. We must make it possible for them to envision a future.

This report grows out of our shared belief that the world must respond to the HIV crisis confronting women. It highlights the work of the Global Coalition on Women and AIDS—a UNAIDS initiative that supports and energizes programmes that mitigate the impact of AIDS on girls and women worldwide. Through its advocacy and networking, the Coalition is drawing greater attention to the effects of HIV on women and stimulating concrete, effective action by an ever-increasing range of partners.

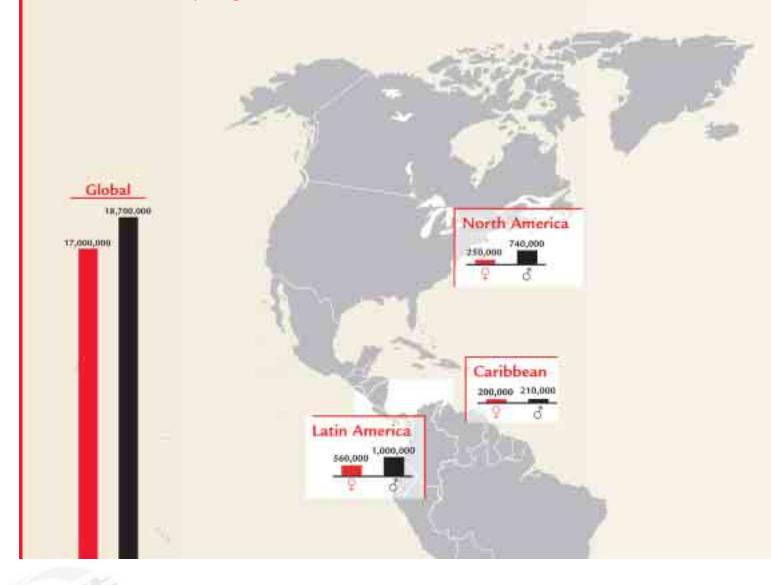
We believe this report, with its straightforward analysis and practical responses, can be a valuable advocacy and policy tool for addressing this complex challenge. The call to empower women has never been more urgent. We must act now to strengthen their capacity, resilience and leadership.

Dr. Peter Piot Executive Director, UNAIDS Thoraya A. Obaid Executive Director, UNFPA

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# Estimated number of women and men (15-49) living with HIV/AIDS by region for 2003 (as of 21 June 2004)



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