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SIERRA LEONE FOOD SECURITY MONITORING SYSTEM REPORT



World Food Programme



Government of Sierra Leone





Government of Japan

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ACRONYMS/ABBREVIATIONS

CFSVA	Comprehensive Food Security and Vulnerability Analysis
CARI	Consolidated Approach for Reporting Indicators
CSI	Coping Strategy Index
EVD	Ebola Virus Disease
FAO	Food and Agriculture Organization of the United Nations
FCS	Food Consumption Score
FSMS	Food Security Monitoring System
FSI	Food Security Index
FFA	Food for Assets
FFW	Food for Work
IVS	Inland Valley Swamps
IGA	Income-Generating Activities
MUAC	Mid Upper Arm Circumference
MICS	Multiple Indicators Clusters Surveys
MAF	Ministry of Agriculture and Forestry
rCSI	Reduced Copping Strategy Index
TSFP	Targeted Supplementary Feeding Programmes
WFP	World Food Programme
WHO	World Health Organization

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HIGHLIGHTS

Overall, the food security situation in Sierra Leone has improved since September 2015, with the proportion of the food insecure population decreasing from 49.8 percent to 43.7 percent. Demographically, around 3.2 million Sierra Leoneans are currently estimated to be food insecure in 2018.

Similarly, at the national level, the proportion of severely food insecure households decreased from 8.6 percent in 2015 to 2.4 percent in 2018; representing 170, 210 Sierra Leoneans that are severely food insecure.

District wise, comparing 2015 CFVSA and FSMS 2018 food security situation, the analysis revealed the following decrease (moderate and severe food insecurity): Port Loko from 61.4 to 31 percent, Moyamba from 52 to 27 percent, and Western Area Rural from 41.5 to 26 percent.

However, the deterioration of food security was recorded in the following districts: Koinadugu (52 percent to 62 percent), Bonthe (53 percent to 58 percent) and Bo (37 percent to 46 percent) whilst Tonkolili district remained high at the same level (62 percent). Around 18 percent of total households were found to have poor food consumption scores whereby the consumption of a diversified diet to live a healthy life was inadequate. In addition, almost half (45.7 percent) of the total population recorded a borderline food consumption score highlighting high levels of vulnerability amongst the population in the event of a shock.

Twenty-four percent of households revealed consuming less than three food groups within a given week, implying consumption of an inadequately nutritious diet with implications for health, educational attainment and wellbeing.

Around 35 percent of households resorted to negative coping strategies such as borrowing money or spending savings and selling of productive assets when faced with depletion of food stocks. In some cases, households resorted to more extreme, emergency coping strategies such as selling land or house to survive, potentially impacting on their mid to long-term food security status.

About 20 percent of the total households spent over three-quarters of their income on food, implying that they are "very poor" in terms of monetary wealth. Such high food expenditures on food imply extremely limited funds for other essential social expenditures, including healthcare and education.

1. BACKGROUND

In September 2018, the Ministry of Agriculture and Forestry (MAF), with the support of the World Food Programme (WFP), undertook the first round of a quarterly Food Security Monitoring System (FSMS) exercise.

The role of the FSMS is to provide up-to-date and reliable food and nutrition security data to guide responsive government policies and programmes to build food and nutritional resilience and enable the government and development partners to track changes in food and nutrition security over time.

2. METHODOLOGY

The FSMS exercise targeted all 14 of Sierra Leone's districts¹, with 18 sentinel sites identified per district and 12 randomly selected households interviewed by sentinel site. In total, the FSMS exercise interviewed 3,024 households to learn more about their food and nutrition security status.

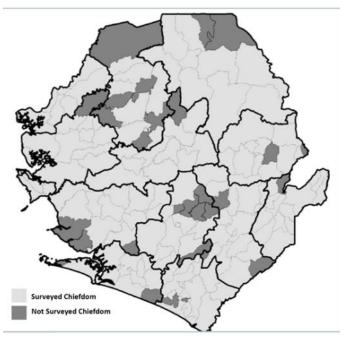
Data was collected by a team of 75 field staff, comprising of 14 supervisors from MAF, 14 nutritionists from the Food and Nutrition Directorate of the Ministry of Health and Sanitation (DFN). Their objective was to train enumerators in nutrition data collection in addition to collecting data. Other team members were 14 senior enumerators and 33 enumerators.

Distribution of sentinel sites, by chiefdom

The data collection was undertaken during the month of September, coinciding with the end of the lean season when access to and availability of food is constrained by the peak of the heavy rains and low local agricultural production levels. As the last comparable food security data collection exercise - the Comprehensive Food Security and Vulnerability Analysis (CFSVA 2015) - was also conducted in September, to an extent both datasets are readily comparable as they were collected during the same seasonal period.

However, it should be noted that the CFSVA 2015 was undertaken in the immediate aftermath of the Ebola Virus Disease (EVD) outbreak, thus during a distinctly different operational context which directly impacted on the food and nutrition security findings.





3. HOUSEHOLD DEMOGRAPHICS

According to the Population and Housing Census 2015 projection report, the population of Sierra Leone is about 7,716,424; of which 3,787,568 are male and 3,928,856 are female².

According to the 2017 Multiple Indicators Cluster Survey (MICS) results; 68.7 percent of households are headed by men whilst 31.3 percent are headed by women. Around 28.7 percent of the total household heads are between the age of 18 and 34 years, 60.5 percent are between the ages of 35 and 64; while about 10.5 percent are aged 65 and above³.

¹ Based upon the previous administrative arrangement of Sierra Leone's districts

² 2015 Sierra Leone Population and Housing Census Projection Report

³ 2017 Sierra Leone Multiple Indicators Cluster Survey



4. CLIMATIC AND WEATHER CONDITIONS

Data collection was undertaken during the month of September, coinciding with the end of the lean season. It should be noted that the rainy season of 2018 was not typical in terms of rainfall pattern and intensity, with significant rainfall deficits recorded at the beginning of the rainy season (see map overleaf), particularly affecting the northwest region.

4.1 Findings of the Erratic Rainfall Assessment

vegetables 25.1 percent, maize 18.6 percent and sweet potatoes 16.1 percent.

- The prevalence of erratic rainfall was cited most commonly as the leading cause for poor crop germination and or seedling development of the affected crops.
- Around 51.1 percent of the total 67.8 percent affected households lost over half of their rice seedlings across the districts due to the erratic rainfall.
 - Across the districts, farmers reported over half of their cassava stems were lost. However, the highest reported losses were

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