MENTAL HEALTH ATLAS 2020

World Health Organization

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Designed by Kellie Hopley.

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PROJECT TEAM AND PARTNERS

The Mental Health Atlas is a project of the World Health Organization (WHO). The overall vision and conceptualization of the project is provided by Dévora Kestel. The Mental Health Atlas 2020 is the latest in a series of publications that first appeared in 2001, with subsequent updates published in 2005, 2011, 2014 and 2017. This edition of the Mental Health Atlas is supervised and coordinated by Tarun Dua and Fahmy Hanna.

In WHO Member States, key project collaborators were the mental health focal points in ministries of health, who provided information and responses to the Atlas survey questionnaire. A full list of collaborators is provided as Appendix A of this report.

Mental Health Atlas team members from WHO Regional Offices, who contributed to the planning and collation of data and liaised with focal points in Member States, were: Florence Baingana (WHO Regional Office for Africa); Renato Oliveira E Souza, Maria del Carmen Martínez Viciana, Claudina Cayetano, Matías Irarrázaval (WHO Regional Office for the Americas); Khalid Saeed, Wafaa Elsawy (WHO Regional Office for the Eastern Mediterranean); Dan Chisholm, Ledia Lazeri, Elena Shevkun (WHO Regional Office for European Region); Nazneen Anwar, Manju Rani, Chencho Dorji (WHO Regional Office for South-East Asia); and Martin Vandendyck, Mary Joanne Biquera, Jennifer Hall, Yutaro Setoya (WHO Regional Office for the Western Pacific). The contribution and support of colleagues from WHO Country Offices is also gratefully acknowledged.

At WHO Headquarters, a team of staff members and consultants comprising Tarun Dua, Fahmy Hanna, Jorge Castro, Marieke van Regteren Altena, Lamia Jouini, Maya Bachet and Jose Angel Garcia provided central technical and administrative support to the project, including development of the questionnaire and an associated completion guide, management of the online data collection system, validation of information and responses and liaison with Member States and WHO Regional Offices, as well as analysis of data and preparation of this report. They received inputs, advice and support from the following WHO colleagues: Vanessa Cavallera, Dan Chisholm, Neerja Chowdhary, Nathalie Drew, Alexandra Fleischmann, Michelle Funk, Grazia Motturi, Shekhar Saxena, Alison Schafer, Katrin Seeher, Chiara Servili, Mark van Ommeren and Inka Weissbecker.

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The contribution of each of these team members and partners, which has been crucial to the success of this project, is very warmly acknowledged. IT support and advice for the online data collection platform was provided by Marcel Minke. Editing of this report was carried out by David Wilson.

PREFACE

I am pleased to present the the Mental Health Atlas 2020. Two decades ago, in 2000, the World Health Organization launched Project Atlas to address a gap in mental health information. The objectives of this project included the collection, compilation and dissemination of relevant information about mental health resources across all countries. The first set of publications from the project were *Atlas: Mental Health Resources in the World, 2001* and *Atlas: Country Profiles on Mental Health Resources in the World, 2001*. Several updates have been published subsequently. The WHO Mental Health Atlas has become the best-known and most comprehensive resource for information on mental health resources globally.

The 2020 version of the Mental Health Atlas tracks progress in implementing WHO's Comprehensive Mental Health Action Plan 2013–2030. The 2014 edition of the Mental Health Atlas provided baseline values or the Action Plan's targets for 2013, while the 2017 version provided interim values for its targets for 2016. During the Seventy-fourth World Health Assembly in May 2021, delegates endorsed the Comprehensive Mental Health Action Plan 2013–2030, including the plan's updated implementation options and indicators and targets. This 2020 edition is based on 2019 data and enables the monitoring of progress made towards meeting these targets by 2020. Specifically, the Mental Health Atlas 2020 provides baseline values for the agreed and updated indicators and targets of the newly extended Comprehensive Mental Health Action Plan 2013–2030; further editions of the Atlas will enable the monitoring of progress towards meeting these targets by 2030. The WHO Mental Health Atlas team is grateful to all Member States who submitted their data for the 2020 edition of the Atlas during the challenging times of the COVID-19 pandemic.

We see the Mental Health Atlas as an ongoing activity of WHO, one where more accurate information will become available as the concepts and definitions of resources become more refined and data sources become more organized and reliable. Overall, we hope that the Mental Health Atlas 2020 will assist health planners and policy-makers within countries and regions to identify areas that need urgent attention.

Dévora Kestel
Director, Department of Mental Health and Substance Use, WHO

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