

COMPREHENSIVE MENTAL HEALTH ACTION PLAN

2013–2030



**World Health
Organization**

COMPREHENSIVE MENTAL HEALTH ACTION PLAN

2013–2030



**World Health
Organization**

Comprehensive Mental Health Action Plan 2013–2030

ISBN 978-92-4-003102-9 (electronic version)

ISBN 978-92-4-003103-6 (print version)

© World Health Organization 2021

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; <https://creativecommons.org/licenses/by-nc-sa/3.0/igo>).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: “This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition”.

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

Suggested citation. Comprehensive mental health action plan 2013–2030. Geneva: World Health Organization; 2021. Licence: [CC BY-NC-SA 3.0 IGO](https://creativecommons.org/licenses/by-nc-sa/3.0/igo).

Cataloguing-in-Publication (CIP) data. CIP data are available at <http://apps.who.int/iris>.

Sales, rights and licensing. To purchase WHO publications, see <http://apps.who.int/bookorders>. To submit requests for commercial use and queries on rights and licensing, see <http://www.who.int/about/licensing>.

Third-party materials. If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

General disclaimers. The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

Design and layout by Guillaume Tiravy

Contents

Foreword	v
Setting the scene	1
Overview of the global situation	2
Structure of the Comprehensive Mental Health Action Plan 2013–2030	4
Proposed actions for Member States and international and national partners and actions for the Secretariat	6
Annex 1: Indicators for measuring progress towards defined targets of the Comprehensive Mental Health Action Plan 2013–2030	16
Annex 2: Options for the implementation of the Comprehensive Mental Health Action Plan 2013–2030	20

Foreword

Good mental health and well-being are essential for all of us to lead fulfilling lives, to realize our full potential, to participate productively in our communities, and to demonstrate resilience in the face of stress and adversity.

Likewise, mental health services are an essential component of health care and universal health coverage. Mental health has been identified as an area for accelerated implementation in WHO's Thirteenth General Programme of Work (GPW13). Yet, there remains much to be done to ensure all people achieve the highest standard of mental health and well-being. Action must be taken to address decades of inattention to and underdevelopment of mental health services and systems, human rights abuses and discrimination against people with mental disorders and psychosocial disabilities.

This updated comprehensive mental health action plan, endorsed by the Seventy-fourth World Health Assembly in decision WHA74(14), builds upon its predecessor, the Comprehensive Mental Health Action Plan 2013–2020, by including revised indicators and options for implementation as well as updated global targets. The plan retains the emphasis on a life-course approach and on actions to promote mental health and well-being for all, to prevent mental health conditions for those at-risk and to achieve universal coverage for mental health services.

The original four major objectives remain unchanged: more effective leadership and governance for mental health; the provision of comprehensive, integrated mental health and social care services in community-based settings; implementation of strategies for promotion and prevention; and strengthened information systems, evidence and research.

Although the targets in this action plan are ambitious, the WHO Secretariat and Member States remain committed to reaching them. To do so, we must act together to address mental health needs, now and for the future – because there is no health without mental health.



Dr Tedros Adhanom Ghebreyesus

Director-General

World Health Organization



预览已结束，完整报告链接和二维码如下：

https://www.yunbaogao.cn/report/index/report?reportId=5_23594

