



**NUTRITION ACTION IN SCHOOLS:
A REVIEW OF THE EVIDENCE
RELATED TO THE
NUTRITION-FRIENDLY
SCHOOLS INITIATIVE**



**World Health
Organization**

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CONTENTS

ACKNOWLEDGEMENTS	v
ABBREVIATIONS AND ACRONYMS	vi
EXECUTIVE SUMMARY	vii
BACKGROUND	1
METHODS	6
Study design and evidence considered	6
Review of reviews	6
<i>Search strategies and inclusion criteria</i>	6
<i>Assessing the quality of review articles (Modified AMSTAR)</i>	6
<i>Data synthesis</i>	7
RESULTS	9
Summary characteristics of the evidence identified	9
<i>Search results</i>	9
<i>Review designs, study settings and population</i>	10
<i>Relevance of interventions and programmes to the NFSI essential criteria</i>	11
<i>Outcomes reviewed</i>	13
Narrative synthesis and summary of the synthesized evidence	13
<i>NFSI Component 1: Having a nutrition-friendly schools policy</i>	13
<i>NFSI Component 2: Enhancing awareness and capacity building of the school community</i>	28
<i>NFSI Component 3: Developing a nutrition and health promoting curriculum</i>	37
<i>NFSI Component 4: Creating a supportive environment</i>	52
<i>NFSI Component 5: Providing supportive school nutrition and health services</i>	71
DISCUSSION AND CONCLUSIONS	74
Summary of findings	74
Strengths and limitations	75
Future research	76
Conclusion	78
REFERENCES	80
ANNEX 1 SUMMARY OF EXPERIENCE IN PILOTING, IMPLEMENTING AND EVALUATING THE NFSI IN COUNTRIES	93
ANNEX 2 DETAILS OF REVIEWS INCLUDED	95





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ABBREVIATIONS AND ACRONYMS

AMSTAR	Assessment of Multiple Systematic Reviews	NFSI	Nutrition-Friendly Schools Initiative
BMI	body mass index	NUGAG	WHO Nutrition Guidance Expert Advisory Group
CBA	controlled before and after	OR	odds ratio
CI	confidence interval	PA	physical activity
DBP	diastolic blood pressure	PE	physical education
eLENA	WHO e-Library of Evidence for Nutrition Actions	PR	prevalence ratio
F&V	fruit and vegetables	RCT	randomized controlled trial
FAO	Food and Agriculture Organization of the United Nations	RR	relative risk
FFE	food for education	SBP	systolic blood pressure
GNPR2	Second WHO Global Nutrition Policy Review 2016-2017	SDG	Sustainable Development Goal
HAZ	height-for-age z-score	SDS	standard deviation score
HDL-C	high-density lipoprotein-cholesterol	SMD	standard mean difference
HIC	high-income countries	SSB	sugar-sweetened beverage
HPS	WHO Health Promoting Schools	UMIC	upper-middle-income countries
ICT	information and communication technology	UNESCO	United Nations Educational, Scientific and Cultural Organization
IDD	iodine deficiency disorders	UNICEF	United Nations Children's Fund
LDL-C	low-density lipoprotein-cholesterol	UNSCN	United Nations System Standing Committee on Nutrition
LIC	low-income countries	USDA	United States Department of Agriculture
LMIC	lower-middle-income countries	WASH	water, sanitation and hygiene
MD	mean difference	WAZ	weight-for-age z-score
.....	WFP	World Food Programme

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