

WHO Global Meeting to Accelerate Progress on SDG Target 3.4 on Noncommunicable Diseases and Mental Health

9-12 December 2019
Muscat, Oman

MEETING REPORT



World Health
Organization



سلطنة عُمان
وزارة الصحة
Sultanate of Oman
Ministry of Health

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Foreword

The burden of noncommunicable diseases (NCDs), such as cardiovascular diseases, cancer, diabetes, chronic respiratory diseases, and mental disorders, is growing in rich and poor countries alike. However, in low- and middle-income countries, the NCD challenge is compounded by persistent communicable diseases, poor maternal and child health, and fragile health systems. The premature mortality from NCDs, that is, deaths under the age of 70, is particularly concerning, as those deaths are occurring among the economically most productive population. These productivity losses, combined with the rising treatment costs for chronic NCDs, are affecting households, overwhelming health systems, and negatively impacting national economies.

Recent years have seen encouraging developments in elevating NCDs in the global policy agenda, with a series of high-level meetings and the inclusion of Sustainable Development Goal (SDG) target 3.4, on NCDs and mental health, in the 2030 Agenda for Sustainable Development.

An organized response to NCDs, however, is yet to emerge in many low- and middle-income countries, as the governance structures, institutional arrangements, multisectoral policy development and planning, and effective regulation and coordination mechanisms across different sectors and actors are not well developed. National ministries of health are

strengthening health systems, addressing the social, economic, and environmental determinants of NCDs, and improving coordination with non-State actors to catalyse political action.

In an effort to spur the implementation of national responses against NCDs, WHO and the Government of the Sultanate of Oman co-organized the [Global Meeting to Accelerate Progress on SDG Target 3.4 on Noncommunicable Diseases and Mental Health](#). Oman was chosen for its remarkable achievements in terms of sustained investment in development of the health sector, political commitment to prioritization of NCDs as part of universal health coverage, and institutionalization of the SDGs within the national health agenda.

The focus of the Global Meeting was on overcoming the implementation challenges and building the capacities of national NCD managers to reduce premature mortality from NCDs through prevention and treatment and to promote mental health and well-being. The meeting embraced the so-called five-by-five approach and offered sessions on the four main types of NCDs plus mental health, along with the main risk factors, including tobacco use, harmful use of alcohol, unhealthy diet, physical inactivity and air pollution.

The technical part of the meeting introduced all WHO packages and tools to help countries

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