



## International standards for the treatment of drug use disorders

REVISED EDITION
INCORPORATING RESULTS
OF FIELD-TESTING





International standards for the treatment of drug use disorders: revised edition incorporating results of field-testing

ISBN 978-92-4-000219-7 (electronic version) ISBN 978-92-4-000220-3 (print version)

## $\ensuremath{\mathbb{G}}$ World Health Organization and United Nations Office on Drugs and Crime, 2020

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; https://creativecommons.org/licenses/by-nc-sa/3.0/igo).

Under the terms of this license, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO or UNODC endorses any specific organization, products or services. The unauthorized use of the WHO or UNODC names or logos is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons license. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: "This translation was not created by the World Health Organization (WHO) or the United Nations Office on Drugs and Crime (UNODC). Neither WHO nor UNODC are responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition".

Any mediation relating to disputes arising under the license shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization (http://www.wipo.int/amc/en/mediation/rules).

**Suggested citation.** International standards for the treatment of drug use disorders: revised edition incorporating results of field-testing. Geneva: World Health Organization and United Nations Office on Drugs and Crime; 2020. License: CC BY-NC-SA 3.0 IGO.

**Third-party materials.** If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

**General disclaimers.** The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO or UNODC concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific organizations, companies or of certain products or programmes does not imply that they are endorsed or recommended by WHO or UNODC in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO and UNODC to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO or UNODC be liable for damages arising from its use.

Design and layout by L'IV Com Sàrl

Printed in Switzerland

## Contents

Acl	knowledgements	٧
Ch	apter 1. Introduction	1
1.2	Objectives and target audience of the International Standards.  Development of the Standards.  Drug use, drug use disorders and treatment needs	2
	apter 2. Key principles and standards for the treatment of drug use orders	7
Princ	ciple 1. Treatment should be available, accessible, attractive, and appropriate	
	ween the criminal justice system and health and social services	. 10
Princ	ne specific needs of individuals with drug use disorders	
Princ	I programmes for drug use disorders	. 13
	nitoring and evaluation	. 14
Ch	apter 3. Treatment systems for drug use disorders	15
	System level of service provision.	
3.2	Treatment system organization  3.2.1 Suggested interventions at different system levels	
3.3	Planning and funding of treatment systems.	
	3.4.1 A one-stop-shop approach	
	3.4.2 Community-based network approach	
3 5	3.4.3 Sustained recovery management	
0.0	ENCONVO NOGINIGIN 37316113. CONCIGNONS	

References

Ch	apter	4. Treatment settings, modalities and interventions	26
4.1	Treatn	nent settings	28
	4.1.1	Community-based outreach	28
	4.1.2	Settings not specialized for the treatment of people with substance use	
		disorders	33
	4.1.3	Specialized outpatient treatment	35
	4.1.4	Specialized short-term inpatient treatment	39
	4.1.5	Specialized long-term or residential treatment	44
4.2	Treatn	nent modalities and interventions	54
	4.2.1	Screening, brief interventions and referral to treatment	54
	4.2.2	Evidence-based psychosocial interventions	56
	4.2.3	Evidence-based pharmacological interventions	59
	4.2.4	Overdose identification and management	65
	4.2.5	Treatment of co-occurring psychiatric and physical health conditions	67
	4.2.6	Recovery management	71
 Ch	apter	5. Populations with special treatment and care needs	77
5.1	Prean	ant women with drug use disorders	77
• • •	5.1.1		
		DESCHOUGH	//
		Description	
	5.1.2	Models and components	78
	5.1.2 5.1.3	Models and components	
5.2	5.1.2 5.1.3 5.1.4	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation.	
5.2	5.1.2 5.1.3 5.1.4 Childr	Models and components  Management of newborn infants passively exposed to opioids in utero  Staff training and documentation  en and adolescents with substance use disorders	
5.2	5.1.2 5.1.3 5.1.4 Childr 5.2.1	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders  Description	
	5.1.2 5.1.3 5.1.4 Childr 5.2.1 5.2.2	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders.  Description  Models and components	
	5.1.2 5.1.3 5.1.4 Childr 5.2.1 5.2.2 Drug	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders  Description  Models and components  use disorders among people in contact with the criminal justice system.	
	5.1.2 5.1.3 5.1.4 Childr 5.2.1 5.2.2 Drug 0 5.3.1	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders.  Description  Models and components use disorders among people in contact with the criminal justice system.  Description	78 83 84 85 85 86 86
	5.1.2 5.1.3 5.1.4 Childr 5.2.1 5.2.2 Drug 0 5.3.1 5.3.2	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders.  Description  Models and components use disorders among people in contact with the criminal justice system.  Description  Models and components	
5.2 5.3	5.1.2 5.1.3 5.1.4 Childr 5.2.1 5.2.2 Drug 0 5.3.1	Models and components  Management of newborn infants passively exposed to opioids in utero.  Staff training and documentation en and adolescents with substance use disorders.  Description  Models and components use disorders among people in contact with the criminal justice system.  Description	

96

## Acknowledgements

The United Nations Office on Drugs and Crime and the World Health Organization would like to acknowledge the individuals and organizations listed below for their invaluable contribution to the development of *the Standards*.

The international experts, who provided the relevant scientific evidence and technical advice and developed the draft of the Standards for field-testing, includes: Dr David Basangwa, Uganda; Dr Adam Bisaga, the United States of America (USA); Dr Sandra Brown, USA; Mr Thom Browne, USA; Dr Kathleen Carroll, USA; Dr Michael Clark, USA; Dr Loretta Finnegan, USA; Dr Gabriele Fischer, Austria; Dr Hendree Jones, USA; Dr Martien Kooyman, the Netherlands; Dr Evgeny Krupitsky, the Russian Federation; Dr Otto Lesch, Austria; Dr Icro Maremmani, Italy; Dr Douglas Marlowe, USA; Dr Andrew Thomas McLellan, USA; Dr Edward Nunes, USA; Dr Isidore Obot, Nigeria; Dr John Strang, the United Kingdom; Dr Emilis Subata, Lithuania; Dr Marta Torrens, Spain; Dr Roberto Tykanori Kinoshita, Brazil; Dr Riza Sarasvita, Indonesia; Dr Willem Van Den Brink and Dr Lucas George Wiessing, the Netherlands; The European Monitoring Centre for Drugs and Drug Addiction (EMCDDA), in particular Dr Marica Ferri; the National Institute of Drug Abuse (NIDA), USA, in particular Dr Steve Gust; the Inter-American Drug Abuse Control Commission (CICAD), in particular Ms Alexandra Hill; the Substance Abuse and Mental Health Services Administration (SAMHSA), USA, in particular Mr Humberto Carvalho; the Colombo Plan, in particular Ms Veronica Felipe, Mr Bian How Tay and Ms Winona Pandan.

Special thanks are due to Dr Gilberto Gerra, UNODC, and Dr Vladimir Poznyak, WHO, for coordinating this collaborative effort of UNODC and WHO as part of the UNODC-WHO Programme on Drug Dependence Treatment and Care.

Special thanks are also due to WHO staff and consultants, in particular Dr Shekhar Saxena and Dr Nicolas Clark for their significant contribution to the development of the draft of the Standards for field-testing; Dr Dzmitry Krupchanka for his pivotal role in the planning and implementation of the field-testing of the Standards, analysis of field-test results and subsequent revision of the document; Dr Andrew Ball, Dr Gilles Forte and Mrs Annette Verster for their contributions to the finalization of the document, and Dr Dévora Kestel for overall guidance and support at the final stages of the document's development; Dr Luis Alfonso (Pan American Health Organization (PAHO) and Dr Khalid Saeed (WHO Regional Office for the Eastern Mediterranean) for their support of the field-testing in the WHO Region of the Americas and the WHO Region for the Eastern Mediterranean; and the following WHO consultants and interns for their contribution to data analysis (in alphabetical order): Ms Elise Gehring, Ms Aikaterini Georgopoulou, Ms Eloise Harrison, Ms Ruchika Jain, Mr Cesar Leos-Toro and Dr Nirvana Morgan.

The following UNODC staff made significant contribution to the drafting, development and finalization of the Standards (in alphabetical order): Ms Anja Busse, Ms Giovanna Campello, Dr Igor Koutsenok, Ms Elizabeth Mattfeld, Dr Elizabeth Saenz, and Dr Wataru Kashino. UNODC consultants, Ms Christina Gamboa, Mr Jan-Christopher Gumm and Ms Olga Parakkal supported the development of the first draft of the Standards and the field-testing process. Ms Annette Dale-Perera made an invaluable contribution to the review and revision of *the Standards*.

The following individuals and organizations played key roles in the field-testing of the draft version of the Standards (in alphabetical order): Dr Atul Ambekar (National Drug Dependence Treatment Centre, India); Dr Sawitri Assanangkornchai and Dr Uriwan Pattanasttayawong (Prince of Songkla University, Thailand); Dr Eva Suryani (Atma Jaya Catholic University of Indonesia, Indonesia); Dr José Manoel Bertolote (Botucatu Medical School, Brazil); Dr Adrian Dunlop (Drug & Alcohol Clinical Services, NSW, Australia); Dr Carlos Ibáñez (Department of Psychiatry and Mental Health, Universidad de Chile, Santiago de Chile, Chile); Dr María Elena Medina-Mora (National Institute of Psychiatry, Mexico); Dr Afarin Rahimi-Movaghar (Iranian National Center for Addiction Studies, Islamic Republic of Iran); Dr Min Zhao and Dr Na Zhong (Shanghai Mental Health Center, China).

The following individuals provided additional feedback on the draft Standards: Dr Oleg Aizberg and Dr Alexey Alexandrov (Belarusian Academy for Postgraduate Education, Belarus); Dr Kathleen T. Brady and Dr Khan Riaz Ahmad (the Board of the International Society of Addiction Medicine); Dr Geert Dom (European Federation of Addiction Societies); Dr Yasser Khazaal (Geneva University Hospital, Switzerland); Dr Michael P. Schaub (Swiss Research Institute for Public Health and Addiction, Switzerland); Dr Tuukka Tammi (National Institute for Health and Welfare, Finland).

Special thanks are also due to the hundreds of clinicians, service managers, public health specialists, researchers, service users, representatives of academia and civil society groups who were involved in field-testing in the above-listed sites or provided feedback on the earlier versions of the document.

The following administrative staff of UNODC and WHO provided organizational support with dedication throughout the development of the International Standards: Ms Caecilia Handayani-Hassmann, Ms Emilie Finkelstein, Ms Nataliya Graninger, Ms Divina Maramba and Mr Bojan Misosavljevic.

UNODC staff in the field offices and WHO staff in the country offices provided substantive support for the field-testing of the Standards and overall project implementation.

Ms Dorothy Lusweti (Switzerland) provided copy-editing for this document.

Last, but not least, WHO and UNODC gratefully acknowledge the financial support provided by the International Narcotics and Law Enforcement Affairs (INL) Program of the United States Department of State for the development, field-testing and finalization of the Standards.

3结束,完整报告链接和二维码如7

https://www.yunbaogao.cn/report/index/report?reportId=5 24727

