



WHO Clinical Consortium on Healthy Ageing 2018

Report of Consortium meeting held 11-12 December 2018
in Geneva, Switzerland



**World Health
Organization**

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The views expressed in this publication are those alone of the named authors and of the collective views of an international group of experts consulted in the development of the framework and do not necessarily represent the decisions or the policies of WHO.

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Abbreviations

ACL	Administration for Community Living
App	(software) application
CCHA	Clinical Consortium on Healthy Ageing
CGA	comprehensive geriatric assessment
DHS	Demographic and Health Survey
HCW	health care worker
IAGG	International Association of Gerontology and Geriatrics
IC	intrinsic capacity
ICOPE	integrated care for older people
M&E	monitoring and evaluation
MICS	Multiple Indicator Cluster Survey
RCT	randomized controlled trial
SDG	Sustainable Development Goal
SPPB	Short Physical Performance Battery
SRHR	sexual and reproductive health and rights
UHC	universal health coverage
WG	working group
WHO	World Health Organization

Executive summary

The 2018 annual meeting of the World Health Organization (WHO) Clinical Consortium on Healthy Ageing (CCHA), held in Geneva 11–12 December 2018, was the fourth gathering of an international group of clinical leaders, drawn from the full breadth of the field of ageing to progress the work agreed by Member States under the 2016 *WHO Global Strategy and Action Plan on Ageing and Health*.

Following the work of Member States in 2016, WHO published in 2017 the *Integrated care for older people: guidelines on community-level interventions to manage declines in intrinsic capacity*. Integrated care for older people (ICOPE) reflects a community-based approach that will help to reorient health and social services towards a more person-centred and coordinated model of care that supports optimizing functional ability for older people. This programme supports achievement of the Sustainable Development Goals and universal health coverage (UHC), by committing to reduce the number of older people who are care dependant by 15 million by 2025.

The consultative design of the meeting included discussions and working group activities to further review and refine the intrinsic capacity tool (renamed the ICOPE screening tool), which will be pilot tested in 2019 in several countries worldwide; a multi-country study of these pilot tests is being designed to validate ICOPE screening tool. CCHA members also received updates on the ICOPE application, diagnostic tools related to intrinsic capacity, UHC indicators, building sustainable long-term care systems, the evidence base on studies assessing frailty and the sexual and reproductive health of older people. Also discussed was the Department's preparation for the Decade of Healthy Ageing, set to begin in 2020.

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