

Adelaide Statement II on Health in All Policies

Implementing the Sustainable Development Agenda through good governance for health and well-being: Building on the experience of Health in All Policies

Outcome statement from the International Conference on Health in All Policies, Adelaide 2017





Preamble

We - 150 experts and practitioners of Health in All Policies (HiAP) from 21 countries - have come together in Adelaide at the invitation of the Government of South Australia and the World Health Organization, to celebrate ten years of Health in All Policies in South Australia. This meeting, on the traditional lands of the Kaurna people, offered the first major opportunity to explore the recommendations of the Shanghai Declaration in greater depth.

We commit to take forward the mandate of the Shanghai Declaration on Promoting Health in the 2030 Agenda for Sustainable Development and to advancing the equitable achievement of the Sustainable Development Goals (SDGs) through the mechanisms of good governance. In this, we draw on our practical experience of working at different levels of government and in diverse contexts in countries around the world.

Our work has benefited from previous important policy documents such as the 2010 Adelaide and 2013 Helsinki Statements on Health in All Policies, the report of the Commission on the Social Determinants of Health (SDOH) and the Rio Political Declaration on SDOH.



Introduction

Action on the Sustainable Development Goals means acting on the determinants of health and well-being. These determinants are frequently shaped by political decisions and public policies - policies which can support health and well-being or can fail to take account of their impacts on health and equity.

Health is a political choice

Political decisions can impact on economic and social inequities, including through policies which shape unhealthy living and working environments, or which fail to address inequities of gender, race and ethnicity. Faced with the many complex existing and emerging challenges to health and well-being in countries and globally, including rapid urbanization, climate change, pandemic threats and the proliferation of unhealthy commodities, practical responses are urgently needed.

The SDGs are indivisible and universal

They provide a road map for all countries to societal well-being by integrating actions across the social, economic and ecological domains. Within the SDG context good health is a precondition for, an outcome and indicator of, sustainable development. Health is core to the SDGs with their focus on people, planet, peace, prosperity and partnerships.

Transformative strategies for implementing the SDGs

A transformative approach requires joint action and policy coherence. Good governance for health and well-being will be a crucial strategy in achieving the SDGs, in line with the emphasis in the Shanghai Declaration.

The SDGs provide new impetus for our work in reaching out across different sectors of government and society. The SDGs require us to be systemic in our thinking; to recognize the commonalities between the health of people, ecosystems and the planet. Health is a societal investment that contributes to well-being beyond Gross Domestic Product (GDP).

Health in AII Policies offers us new ways to confront major 21st century challenges to health and well-being, including safety and security. We must accelerate and foster the wider adoption of this approach in order to: reduce inequities in health and well-being for people of all ages; embrace social innovation such as network models of governance; address the commercial determinants of health; and ensure no one is left behind in social and economic development.

The investment in, and lessons from, the successful experience of HiAP implementation in South Australia and internationally will support us in moving forward. The breadth of experience presented at the conference affirmed that the benefits of a HiAP based approach can be realized at all levels of government - city, regional, state, national - and in different contexts.



Action on determinants

The interconnectedness between the determinants of health will require strong and effective action by governments and societies. Our discussions have put a special focus on the commercial, political and environmental determinants. Our work aims to implement a mutual gain approach but we recognize that persistent marketing of proven unhealthy commodities, enduring inequalities and

environmental degradation, can require strengthened legislative, regulatory, and fiscal measures.

Many of the determinants we need to address are at the global level. It is essential that we build international alliances between countries, cities, civil society organizations and citizens to address these determinants.

Action on equity

In acting on determinants we affirm the importance of pursuing equity, fairness and social justice. The mental, physical, and spiritual needs of First Nations peoples must feature strongly, including recognizing the impact of colonization.

We acknowledge the contribution of social protection and equitable access to health care services as a determinant of health outcomes, and recognize that universal health coverage is the most effective mechanism to ensure this can be achieved.

We recognize that fiscal responses in the face of economic downturns can have a profound effect on citizens as well as institutional capacities to respond to the needs of the most disadvantaged, and we urge governments to consider the health and well-being impacts of such decisions.

Action on shared leadership with Citizens

HiAP requires active engagement of citizens and this can be achieved through mechanisms such as citizens' juries, participatory budgeting, and societal dialogue. The Shanghai Declaration reminds us that health literacy empowers individual citizens and enables their engagement in collective health action. Ensuring a strong civil society underpins this.

Transparency in the provision of information fosters citizen engagement and strengthens accountability.

Citizen engagement must respect the rights and needs of displaced persons, refugees, asylum seekers and other marginalized groups, and ensure opportunities for their participation.



Action on evidence

We need to generate an evidence base that can be used by all sectors and citizens. Accountability of HiAP approaches will be strengthened through interdisciplinary research.

Learning from HiAP to implement the Sustainable Development Agenda

HiAP is a practical strategy that can be used to achieve the SDGs. It is implemented in different ways in a variety of contexts and systems but there are common values and aims. HiAP works best when a combination of factors are in place: good governance; development of strong and sound partnerships based on co-design, co-delivery and co-benefits;

dedicated capacity and resources; and the use of evidence and evaluation. Together, these factors can and do deliver positive change. The key features of these are set out in Annex 1.

Annex 2 describes the interrelationships between each SDG domain and health and well-being.

Our commitment

We commit to building on the Health in All Policies approach to advance the Sustainable Development Agenda consistent with the Shanghai Declaration.

We recognize that health is a **political choice**, and we will continue to strongly advocate for health, well-being and equity to be considered in all policies.



Annex 1

Experts and practitioners from around the world with experience in implementing Health in All Policies have identified the strengths of HiAP practice and its key features.

Strengths of HiAP	Key Features		
Governance	 An authorizing environment from the highest levels of government Political and executive leadership as well as leadership at all levels of the hierarchy and horizontal leadership Leveraging decision making structures Creating an environment for cultural change in practices and ways of working Leadership that looks outwards, provides space to stretch outside of formal structures or boundaries, encourages dialogue, supports experimentation and innovation Developing a clearly articulated and shared vision 		
Ways of thinking	 Social innovation Political acumen Valuing partnerships Seeking mutual gain Citizens and community at the centre Creative problem solving Utilizing 'champions' or advocates Outcome focused 		
Ways of working	 Co-design, co-production and collaboration to achieve shared goals and realize co-benefits Dialogue and systematic consultation Diplomacy to build constituencies to support change Shared measures, reporting and public accountability Basing action on evidence Learning-by-doing Reflecting on practice and responding to changing contexts Dedicated capacity 		
Principles	 Joined up approaches Flexibility and adaptability Respectful and responsive to partners' needs Investment in building trust and relationships Transparent and open communication Systematize and institutionalize Build a skilled HiAP workforce Focus on public value 		



Annex 2

Motivating for joined-up action across sectors using the Sustainable Development Goal (SDG) domains as examples



Why are other sectors and their issues important for the health sector and population health?



Why is population health and the health sector important for the other sector(s)?

SDG domain	Converging interests	Connecting the conditions for health and well-being
1 NO POVERTY		Poverty, the extent of relative deprivation and the processes of social exclusion in a society have a major impact on the health of its population. Living in poverty is a significant factor that has impact on a person's life chances, opportunities to influence their circumstances and their environments and therefore, ultimately health outcomes. This impact can be intergenerational.
		Carefully planned poverty reduction measures, such as unconditional cash transfers and skills development, help prevent or reduce poverty and yield enormous improvements in the physical and psychosocial conditions necessary for a healthy population and a more equitable society.
		Ill health can constitute an inescapable poverty trap for affected households. There is a complex dual dynamic between health and poverty and this is especially the case for mental health. For example, people with a mental disorder are more likely to be in poverty, and poverty can create or exacerbate mental health issues.
		Health evidence is useful in designing poverty reduction measures, such as unconditional cash transfers, skills development programmes (including health literacy), and food voucher schemes, to optimize the dual health and poverty impacts of these policies and programmes.



SDG domain	Converging interests	Connecting the conditions for health and well-being
ZERO HUNGER		Well-functioning food markets, supported by appropriate labour practices and infrastructure that ensures cleanliness, safety, and nutritious food is critical to people's health. Healthy safe food reduces the rates of food-borne illnesses and the chance of epidemics.
		Sustainable agricultural practices are important for the livelihoods of rural populations, thereby impacting their health, as well as for ensuring diversity in local food systems and food production processes that do not generate negative externalities for health. For example, through overuse of harmful pesticides and contamination of drinking water and soil.
		Ill-health and epidemics reduce the ability of households to farm and produce food or to work and purchase food, thus interrupting local and global food chains.
		Utilising evidence on the health impacts of food and agriculture policies can enhance their benefits. For example, policies that extend beyond a focus on more intense food production practices to incorporate diversity of production and improved local access and availability, are good for population health and health equity, while leading to more resilient food systems.
4 QUALITY EDUCATION		Education can influence health directly through increased health literacy and behaviour change that impacts children but also their families and wider communities. Furthermore, education affects the quality of psychosocial stress coping mechanisms important for the prevention of noncommunicable diseases and for accessing health services. More educated people can cope better with changing health systems and the adoption of new technologies. Education has a major effect on health over the life course through increased income, opportunity, self-reliance and empowerment, and creates engaged citizens.
		Poor health and health behaviours of children or family members limits school attendance, affects behaviours in the classroom and inhibits overall educational attainment. Healthy children have increased educational potential and abilities to solve life challenges, contribute positively to school life and pursue opportunities in life.

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