

INSPIRE Handbook

Action for implementing the seven strategies for ending violence against children



INSPIRE Handbook

Action for implementing the seven strategies for
ending violence against children



INSPIRE Handbook: action for implementing the seven strategies for ending violence against children

ISBN 978-92-4-151409-5

© **World Health Organization 2018**

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; <https://creativecommons.org/licenses/by-nc-sa/3.0/igo>).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: "This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition".

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

Suggested citation. INSPIRE Handbook: action for implementing the seven strategies for ending violence against children. Geneva: World Health Organization; 2018. Licence: CC BY-NC-SA 3.0 IGO.

Cataloguing-in-Publication (CIP) data. CIP data are available at <http://apps.who.int/iris>.

Sales, rights and licensing. To purchase WHO publications, see <http://apps.who.int/bookorders>. To submit requests for commercial use and queries on rights and licensing, see <http://www.who.int/about/licensing>.

Third-party materials. If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

General disclaimers. The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

Printed in Luxembourg.

Contents

Foreword	iv
Acknowledgements	vi
Abbreviations	viii
Introduction	1
Implementing INSPIRE as a package	11
Implementation and enforcement of laws	29
Norms and values	61
Safe environments	95
Parent and caregiver support	121
Income and economic strengthening	159
Response and support	187
Education and life skills	235
Appendix A. List of core INSPIRE indicators and domains	272
Appendix B. Illustrative survey questionnaire items	283

Foreword

It is estimated that globally up to 1 billion children are subject to violence each year. Violence against children has strong, long-lasting effects on brain function, mental health, health risk behaviours, noncommunicable diseases, infectious diseases such as HIV and sexually transmitted diseases, and social functioning. The direct and indirect economic costs of these effects are substantial, and violence against children undermines the potential of both individuals and societies.

In 2016, 10 global agencies collaborated to produce *INSPIRE: Seven strategies for ending violence against children*, the first-ever global technical package for preventing and responding to violence against children. The INSPIRE package is anchored by the recognition in the Convention on the Rights of the Child (CRC) that all children have the right to be free from all forms of violence, and sets out evidence that clearly shows that preventing violence against children is critical to ensuring sound neurological development, enhancing early childhood development, interrupting the intergenerational cycle of violence, reducing crime, and laying the foundations for lifelong health, well-being and productivity.

The *INSPIRE technical package* reinforces the protections guaranteed in the CRC, which oblige States Parties to take all appropriate legislative, administrative, social and education measures to prevent violence against children, and to protect them from violence while in the care of parents, legal guardians or other caregivers. Furthermore, the 2030 Agenda for Sustainable Development includes Target 16.2 to end all forms of violence against children. Decision-makers and practitioners in social services, health, justice and education sectors have stepped up efforts to intensify evidence-based prevention and response strategies, governments and civil society organizations are increasingly committed to working together to achieve the target, and there is a growing public consensus that violence against children will no longer be tolerated.

As noted in the preface of the *INSPIRE technical package*, violence against children can be prevented if the global community acts now, acts wisely and acts together. The preface also acknowledged that the *INSPIRE technical package* was focused on what countries can do, and promised a follow-up resource containing information on how to implement the package contents.

This follow-up resource – INSPIRE Handbook: action for implementing the seven strategies for ending violence against children (hereafter referred to as the *INSPIRE Handbook*) – is now in your hands, and it explains in detail how to choose and implement interventions that will fit your needs and context. Following an overview, the seven strategy-specific chapters address the Implementation and enforcement of laws; Norms and values; Safe environments; Parent and caregiver support; Income and economic strengthening; Response and support services; and Education and life skills. The handbook concludes with a summary of INSPIRE's implementation and impact indicators, drawn from the companion *INSPIRE Indicator guidance and results framework*.

This handbook provides everyone committed to ending violence against children with the best possible information on how to implement INSPIRE. The more we work together to implement the interventions described within it, and to measure the effectiveness of new interventions, the greater the number of children that will enjoy lives free from violence. We urge all of you to implement as many of the interventions as resources will allow, and to do so without delay. Let us act now, act wisely and act together.


¹ See INSPIRE: Seven strategies for ending violence against children. Geneva: World Health Organization; 2016, p.15.



Etienne Krug, Director, Department for Management of Noncommunicable Diseases, Disability, Violence and Injury Prevention, World Health Organization (WHO)



James Mercy, Director, Division of Violence Prevention, National Center for Injury Prevention and Control, United States Centers for Disease Prevention and Control (US CDC)



Lindsay Stark, Director, Care and Protection of Children Learning Network (CPC)



Howard Taylor, Director, Global Partnership to End Violence against Children (End Violence)



Anselm Hennis, Director Department of Noncommunicable Diseases and Mental Health, Pan American Health Organization (PAHO)



Daniela Ligiero, Executive Director and Chief Executive Officer, Together for Girls (TfG)



Ted Chaiban, Director of Programmes, United Nations Children's Fund (UNICEF)



Roberto Arbitrio, Director, Division of Operations (interim), United Nations Office on Drugs and Crime (UNODC)



Ede Jorge Ijjasz-Vasquez, Senior Director, Social, Urban, Rural and Resilience Global Practice, World Bank

Acknowledgements

The INSPIRE core agencies and implementation working group would like to thank the following contributors and reviewers who provided the content and expert feedback essential to the production of this handbook.

Writing of the handbook, the sourcing of input from intervention developers, user research, and visual design was coordinated by Megan Gottemoeller and her team at Salter Mitchell Marketing for Change. Overall supervision was provided by Alexander Butchart (WHO), Mark Canavera (CPC), Susan Hillis (US CDC), Sabine Rakotomalala (End Violence), and Beth Rubenstein (CPC), along with Beverly Nyberg, Independent Consultant. Angela Burton copy-edited the handbook.

Preparation of the INSPIRE implementation and impact indicators was led by UNICEF, drafted by Sarah Bott (primary author) and Clara Sommarin, with overall guidance from Theresa Kilbane (UNICEF) and support from Daniela Ligiero, Susan Hillis, and Alexander Butchart, and input from all INSPIRE partners.

Reviewers of the full handbook were: Gretchen Bachman (USAID), Alexander Butchart (WHO), Mark Canavera (CPC), Chloe Fevre (World Bank), Anna Giudice (UNODC), Rebecca Gordon (TfG), Alessandra Guedes (PAHO), Susan Hillis (US CDC), Theresa Kilbane and Rachel Harvey (UNICEF), Sabine Rakotomalala (End Violence), Janet Saul (PEPFAR).

Each strategy-specific chapter benefitted from the following peer reviewers' inputs.

Implementation and enforcement of laws: Joëlle Auert (WHO), Linda Dahlberg (US CDC), Anna Giudice and Dayan Farias Picon (UNODC), Rachel Harvey and Joanne Dunn (UNICEF), Kathryn Leslie, Manus De Barra and Ann-Kristin Vervik (Office of the Special Representative of the United Nations Secretary General on Violence against Children), Richard Matzopoulos (South African Medical Research Council, SA MRC).

Norms and values: Betzabe Butron (PAHO), Daniela Ligiero and Rebecca Gordon (TfG), Dipak Naker (Raising Voices), Rafael Obregon (UNICEF).

Safe environments: Jens Aerts (UNICEF), Michael Krause (Violence Prevention through Urban Upgrading, VPUU), Jonathan Shepherd (Cardiff University), Gary Slutkin and Charles Ransford (Cure Violence).

Parent and caregiver support: Jasmina Byrne (UNICEF), Wadih Maalouf (UNODC), Bernadette Madrid (University of the Philippines), Kim Miller (US CDC), Catherine Ward (University of Cape Town, UCT).

Income and economic strengthening: Josh Chaffin (Child Fund Alliance, CFA), Jennifer Heale (US CDC), David Stewart (UNICEF).

预览已结束，完整报告链接和二维码如下：

https://www.yunbaogao.cn/report/index/report?reportId=5_25704

