

# WHO RECOMMENDATIONS

ON

# Child Health

GUIDELINES APPROVED BY THE  
WHO GUIDELINES REVIEW COMMITTEE

UPDATED MAY 2017



World Health  
Organization



# WHO RECOMMENDATIONS

ON

## Child Health

GUIDELINES APPROVED BY THE  
WHO GUIDELINES REVIEW COMMITTEE

**UPDATED MAY 2017**



**World Health  
Organization**

WHO/MCA/17.08

© **World Health Organization 2017**

Some rights reserved. This work is available under the Creative Commons Attribution-NonCommercial-ShareAlike 3.0 IGO licence (CC BY-NC-SA 3.0 IGO; <https://creativecommons.org/licenses/by-nc-sa/3.0/igo>).

Under the terms of this licence, you may copy, redistribute and adapt the work for non-commercial purposes, provided the work is appropriately cited, as indicated below. In any use of this work, there should be no suggestion that WHO endorses any specific organization, products or services. The use of the WHO logo is not permitted. If you adapt the work, then you must license your work under the same or equivalent Creative Commons licence. If you create a translation of this work, you should add the following disclaimer along with the suggested citation: “This translation was not created by the World Health Organization (WHO). WHO is not responsible for the content or accuracy of this translation. The original English edition shall be the binding and authentic edition”.

Any mediation relating to disputes arising under the licence shall be conducted in accordance with the mediation rules of the World Intellectual Property Organization.

**Suggested citation.** WHO recommendations on child health: guidelines approved by the WHO Guidelines Review Committee. Geneva: World Health Organization; 2017 (WHO/MCA/17.08). Licence: CC BY-NC-SA 3.0 IGO.

**Cataloguing-in-Publication (CIP) data.** CIP data are available at <http://apps.who.int/iris>.

**Sales, rights and licensing.** To purchase WHO publications, see <http://apps.who.int/bookorders>. To submit requests for commercial use and queries on rights and licensing, see <http://www.who.int/about/licensing>.

**Third-party materials.** If you wish to reuse material from this work that is attributed to a third party, such as tables, figures or images, it is your responsibility to determine whether permission is needed for that reuse and to obtain permission from the copyright holder. The risk of claims resulting from infringement of any third-party-owned component in the work rests solely with the user.

**General disclaimers.** The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of WHO concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted and dashed lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by WHO in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by WHO to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall WHO be liable for damages arising from its use.

---

# Contents

Abbreviations	v
Introduction	1
<b>Promotion of child health and prevention of childhood illnesses</b>	<b>3</b>
1. Immunization	3
2. Breastfeeding	9
3. Complementary feeding	10
4. Micronutrients (vitamins and minerals)	10
5. Care for development	12
6. Handwashing and water and sanitation	12
7. Malaria prevention	13
8. Prevention of TB in children	13
9. Prevention of HIV in children	14
10. Non-communicable diseases prevention	18
<b>Management of childhood illnesses</b>	<b>20</b>
11. Pneumonia and other respiratory illnesses	20
12. Diarrhoea	21
13. Tuberculosis	22
14. Fever conditions	25
Malaria	25
Ear problems	27
Dengue	28
Meningitis	28
Measles	28
Septicaemia	29
Typhoid fever	29
15. Malnutrition	29
16. HIV/AIDS	35
17. Developmental disorders	43

18. Seizure disorder (epilepsy)	43
19. Supportive care	45
Oxygen use	45
Fluids	47
Pain	48
20. Care for survivors of intimate partner violence	49
21. Management of behavioural disorders	49

---

# Abbreviations

3TC	lamuvidine
ABC	abacavir sulfate
AIDS	acquired immunodeficiency virus
ART	antiretroviral therapy
ARV	antiretroviral
AZT	zidovudine
BCG	Bacillus Calmette-Guérin
SMC	seasonal malaria chemoprevention
CSOM	chronic suppurative otitis media
DTP	diphtheria-pertussis-tetanus
E	ethambutol
EFZ	efavirenz
FTC	emtricitabine
GRADE	Grading of Recommendations, Assessment, Development and Evaluation
GRC	Guidelines Review Committee
INH	isoniazid
HIV	human immunodeficiency virus
IM	intramuscular
IPV	inactivated polio vaccine
MCV	measles-containing vaccine
MDR	multi-drug resistant
PI	protease inhibitor
NVP	nevirapine
NNRTI	non-nucleotide reverse transcriptase inhibitor
NRTI	nucleotide reverse transcriptase inhibitor
OPV	oral polio vaccine
ORS	oral rehydration solution
PCV	pneumococcus-containing vaccine

PMTCT	prevention of mother-to-child transmission
R	rifampicin
RV	rotavirus vaccine
SAM	severe acute malnutrition
SMC	seasonal malaria chemoprevention
SP	sulfadoxine-pyrimethamine
TB	tuberculosis
TDF	tenofovir
WHO	World Health Organization
WPV	wild poliovirus
Z	pyrazinamide

预览已结束，完整报告链接和二维码如下：

[https://www.yunbaogao.cn/report/index/report?reportId=5\\_26455](https://www.yunbaogao.cn/report/index/report?reportId=5_26455)

