

FLOODING: MANAGING HEALTH RISKS IN THE WHO EUROPEAN REGION



Abstract

Over the last 20 years, flood events have occurred in 49 countries in the WHO European Region. These have caused more than 2000 deaths, other health effects, property losses, damage to health facilities, displacement and enormous economic costs (estimated at €70 billion). A survey of countries in the Region highlighted the gaps in the prevention of health effects of floods and the availability of timely flood–health response strategies or established action plans. Further cross-sectoral coordination is crucial in preventing deaths, injuries, disease and other health consequences. A range of measures to protect population health care are proposed in this publication, organized around prevention, preparedness, response and recovery. Approaches to manage the health risks of floods should be based on the common policies, plans and measures for all types of hazards, before addressing the specific issues associated with floods.

Keywords

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Contents

Acknowledgements	iii
Executive summary	v
Abbreviations	vi
Introduction	1
Scope of this document	2
Overview of health effects of flood events	2
Flood-health emergency risk management	3
Developing a flood-health emergency risk management plan	5
Developing a vulnerability and capacity assessment	5
Priority areas in flood prevention and preparedness	6
Planning for governance and coordination measures	6
Planning for emergency financing	7
Planning for health information systems and risk communication	7
Planning for integrated health-service delivery	8
Priority areas in response	11
Planning for governance and coordination measures during response	11
Planning for health information systems and risk communication during response	12
Planning for integrated health service delivery during response	13
Priority areas in recovery	14
Planning for governance and coordination measures during recovery	15
Planning for health information systems and risk communication during recovery	15
Planning for integrated health service delivery during recovery	
Monitoring and evaluation	17
International and regional policy developments	18
References	
Annex I. Definitions	27
Annex II. Possible sources from WHO and other organizations	29
Annex III. Information sheets on preparedness and response for flood events	31
1. Health effects of floods	32
2. Vulnerable populations and factors that increase vulnerability	33
3. Structural and non-structural measures	

4. Structural measures for health services	36
5. Flood early warning system	37
6. Flood risk assessment checklist	39
7. Preparedness for risk communication	12
8. Hospital preparedness planning4	14
9. Contingency plans for health facilities4	15
10. Planning for emergency shelters4	17
11. Chemical hazard management during and after flood events4	18
12. Disease surveillance during and after flood events	51
13. Vaccination during flood events5	53
14. How to deal with dead human bodies5	55
15. How to deal with dead animals5	57
16. Venomous snake bites5	59
17. Food safety during or after flood events6	51
18. Outbreak surveillance6	52
19. Vector-borne diseases during or after flood events6	54
20. Rodent-borne diseases6	55
21. Prevention of West Nile virus outbreaks6	56
22. Mental health and floods6	59
23. Injuries and floods	70
24. Water and hygiene in health care facilities during and after flood events7	71
25. Sanitation and hygiene in health care facilities during and after flood events7	74
26. Generic post-flood recovery	77
27. Mould clean-up and removal after flooding7	79
References	32
List of tables	
Table 1. Example of flood warning codes issued by the United Kingdom Environment Agency	37
Table 2. Important health outcomes to consider when assessing flood impacts5	51
Table 3. Infectious diseases that may be encountered during floods in the WHO	
European Region 6	
Table 4. Drinking-water disinfection methods in emergencies	72

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Executive summary

In the WHO European Region, floods are the most common natural hazard leading to emergencies, causing extensive damage, disruption and health effects. Over the last 20 years flood events have been recorded in 49 of the 53 Member States. Estimates for the WHO European Region based on data from the international disaster database (EM-DAT) indicate that approximately 400 floods have caused the deaths of more than 2000 people, affected 8.7 million others and generated at least €72 billion in losses in the period 2000–2014 (Guha-Sapir et al., 2015).

The magnitude of the physical and human costs of such events can be reduced if adequate emergency prevention, preparedness, response and recovery measures are implemented in a sustainable and timely manner. Resilient and proactive health systems that anticipate needs and challenges are more likely to reduce risks and respond effectively during emergencies, thereby saving lives and alleviating human suffering.

Over the last few years, countries in the Region have requested assistance from WHO Regional Office for Europe during severe flood events. Moreover, a survey conducted by WHO and Public Health England highlighted the gaps in the prevention of the health effects of floods and in the availability of coordinated and systematic flood—health response strategies or action plans.

Experiences in the Region indicate a need to shift the emphasis from disaster response to long-term risk management. The approach should include health impact assessments of structural measures to combat flooding; specific building regulations in flood-prone areas and insurance policies. Flood-health risk management – through the development of flood-health action plans – should therefore be considered multisectoral. This encompasses systematic analysis and management of health risks posed by floods, through a combination of hazard and vulnerability reduction measures to prevent risks, as well as response and recovery measures corresponding to the four phases of emergency management: prevention, preparedness, response and recovery. Hospitals, ambulance stations, retirement homes, schools and kindergartens in flood-prone areas are at particular risk: evacuation of patients and other vulnerable groups may represent special challenges.

In this publication, the authors propose the development of a flood–health emergency risk management plan, and describe some of the essential elements. This management plan has to be flexible but specific, so that it can be nationally adjusted as required. Definitions of the terms and potential sources from WHO and other international organizations are provided in Annex 1 and II. A range of information sheets on public health advice for health authorities, health professionals, local authorities and emergency managers are provided in Annex III. The publication builds on an extensive literature review, published by WHO Regional Office for Europe and Public Health England (Menne and Murray, 2013).

Abbreviations

DRR disaster risk reduction

ERC emergency risk communication

IHR International Health Regulations

IPCC Intergovernmental Panel on Climate Change

UNISDR United Nations Office for Disaster Risk Reduction

WNF West Nile fever
WNV West Nile virus
WSP water safety plan

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