



# **Integrated care for older people**

Guidelines on community-level interventions to manage declines  
in intrinsic capacity



**World Health  
Organization**





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# Abbreviations

<b>ADLs</b>	activities of daily living
<b>AGREE</b>	Appraisal of Guidelines for Research and Evaluation
<b>GDG</b>	guideline development group
<b>GRADE</b>	Grading of Recommendations Assessment, Development and Evaluation
<b>ICOPE</b>	integrated care for older people
<b>mhGAP</b>	Mental Health Gap Action Programme
<b>PFMT</b>	pelvic floor muscle training
<b>PICO</b>	population, intervention, comparison, outcome
<b>RCT</b>	randomized controlled trial
<b>WHO</b>	World Health Organization

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