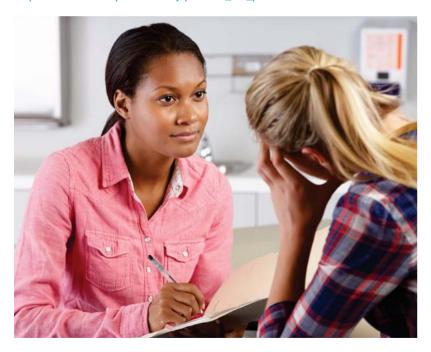


World Health Organization

PATIENT INFORMATION FOR SURGICAL SAFETY

Your active participation in health care is important for your safety. This information will help your discussion with your care-provider. Be a well-informed partner in your own care.

Available for free download from the Essential and Emergency Surgical Care Programme http://www.who.int/surgery/en and Patients for Patient Safety Programme http://www.who.int/patientsafety/patients_for_patient/en







WHAT YOU NEED TO KNOW BEFORE AND AFTER SURGERY

If you or your child is undergoing a surgical procedure, be sure to communicate the following to your health-care provider

BEFORE SURGERY

- 1. Tell them about your previous surgeries, anesthesia and current medications, including herbal remedies
- 2. Tell them if you are pregnant or breast-feeding
- 3. Tell them about your health conditions (allergies, diabetes, breathing problems, high blood pressure, anxiety, etc.)
- 4. Ask about the expected length of your hospital stay
- 5. Ask for personal hygiene instructions
- 6. Ask them how your pain will be treated
- 7. Ask about fluid or food restrictions
- 3. Ask what you should avoid doing before surgery
- ?. Make sure that the correct site of your surgery is clearly marked on your body

AFTER SURGERY

- 1. Tell them about any bleeding, difficulty breathing, pain, fever, dizziness, vomiting or unexpected reactions
- 2. Ask them how you can minimize infections
- 3. Ask them when you can eat food and drink fluids
- 4. Ask when you can resume normal activity (e.g. walking, bathing, lifting heavy objects, driving, sexual activity, etc.)
- 5. Ask what, if anything, you should avoid doing after surgery
- 6. Ask about the removal of stitches and plasters
- 7. Ask about any potential side effects of prescribed medications
- 3. Ask when you should come back for a check-up

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预览已结束, 完整报告链接和二维码如下:

https://www.yunbaogao.cn/report/index/report?reportId=5_26924

