

HEALTHY CITIES

GOOD HEALTH IS GOOD POLITICS

Toolkit for local governments
to support healthy urban development



 World Health
Organization
Western Pacific Region

HEALTHY CITIES

GOOD HEALTH IS GOOD POLITICS

Toolkit for local governments
to support healthy urban development

WPR/2015/DNH/004

© World Health Organization 2015

All rights reserved. Publications of the World Health Organization are available on the WHO website (www.who.int) or can be purchased from WHO Press, World Health Organization, 20 Avenue Appia, 1211 Geneva 27, Switzerland (tel.: +41 22 791 3264; fax: +41 22 791 4857; email: bookorders@who.int).

Requests for permission to reproduce or translate WHO publications—whether for sale or for non-commercial distribution—should be addressed to WHO Press through the WHO web site (www.who.int/about/licensing/copyright_form/en/index.html). For WHO Western Pacific Regional Publications, request for permission to reproduce should be addressed to Publications Office, World Health Organization, Regional Office for the Western Pacific, P.O. Box 2932, 1000, Manila, Philippines (fax: +632 521 1036, email: publications@wpro.who.int).

The designations employed and the presentation of the material in this publication do not imply the expression of any opinion whatsoever on the part of the World Health Organization concerning the legal status of any country, territory, city or area or of its authorities, or concerning the delimitation of its frontiers or boundaries. Dotted lines on maps represent approximate border lines for which there may not yet be full agreement.

The mention of specific companies or of certain manufacturers' products does not imply that they are endorsed or recommended by the World Health Organization in preference to others of a similar nature that are not mentioned. Errors and omissions excepted, the names of proprietary products are distinguished by initial capital letters.

All reasonable precautions have been taken by the World Health Organization to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either expressed or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall the World Health Organization be liable for damages arising from its use.

Contents

- Message from the Regional Director vii
- Acknowledgements viii
- Abbreviations ix
- What will be your mayoral legacy?x
- Why this toolkit? xii
 - Why Healthy Cities?..... xii
 - Who will use this toolkit?xiv
 - How to use this toolkit?.....xiv

- Chapter 1. WHAT IS “HEALTHY CITIES”?** 1

- Chapter 2. WHAT ARE THE STRATEGIC OBJECTIVES OF A HEALTHY CITY?**7
 - 2.1 Good urban governance7
 - 2.2 Policy coherence – Health in All Policies 8
 - 2.3 Reduce inequities11
 - 2.4 Innovations.....12

- Chapter 3. WHO WILL DRIVE HEALTHY CITIES?**21
 - 3.1 Healthy City focal point21
 - 3.2 Healthy City core group.....22
 - 3.3 Multisectoral steering committee23
 - 3.4 Secretariat25

- PATH TO A HEALTHY CITY**34

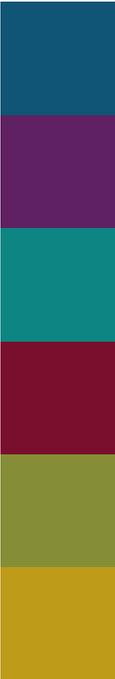
- Chapter 4. HOW TO MOBILIZE PARTNERS AND GATHER AN EVIDENCE BASE FOR ACTION**37
 - 4.1 How to mobilize partners37
 - 4.2 Conduct participatory situation analysis39
 - 4.3 Develop a Healthy City strategic plan40
 - 4.4 Assess the health impact of a policy or programme intervention41

- Chapter 5. HOW TO EFFECTIVELY ADDRESS PRIORITY ISSUES OF THE CITY**49
 - 5.1 Develop multisectoral action plans49
 - 5.2 Monitor and evaluate52

- Chapter 6. HOW CAN NATIONAL AGENCIES SUPPORT HEALTHY CITIES?**57
 - 6.1 National focal point57
 - 6.2 Mentoring and/or twinning58
 - 6.3 Networking58
 - 6.4 Recognition and awards59

- References**63

Toolkit contains additional resources including a participant’s workbook, a self-assessment tool, and a list of useful resources. These documents can be accessed at http://www.wpro.who.int/health_promotion/about/urban_health/en/.



Message from the Regional Director

More than half of the 1.8 billion people in the Western Pacific Region already live in urban areas. Asia's urban population, estimated at 1.9 billion in 2011, is projected to grow to 2.7 billion by 2030.

Indeed, cities are already an integral part of the landscape. They will continue to grow, both in size and significance, as more and more people move to cities in pursuit of better education, jobs and services.

With proper governance, cities can develop into hubs of productivity and innovation — places where people interact, ideas thrive and action happens. Without effective governance, however, cities will struggle to provide even basic infrastructure. They will become testaments to inequality, poverty and poor health.

Now the Healthy Cities vision is more relevant than ever, as we search for guidance during this critical time in our development.

Healthy Cities have many qualities that promote health and well-being.

Fundamentally, the city should be clean and safe, including access to food, water, shelter and health care. Developmentally, the economy should be diverse and innovative, providing work opportunities and promoting fair business practices. Socially, communities should be engaged and mutually supportive, with the city encouraging connections and enabling participation in public processes.

A Healthy City may be achieved through a range of actions. Before anything else, the political will and commitment to urban health should be established to mandate action. The needs of the people should be assessed to inform new initiatives, taking account of inequalities and policy impacts on health. Stakeholders should be mobilized through a participatory approach to implement integrated solutions. Delivery systems should be transparent and accountable. Finally, performance should be monitored and evaluated to ensure quality improvement down the road.

This toolkit has been produced by the WHO Regional Office for the Western Pacific to support and strengthen the efforts of local leaders in applying the Healthy Cities approach. We stand ready to assist you toward enhancing the state of your cities and the quality of life of your urban residents.



Shin Young-soo, MD, Ph.D.

WHO Regional Director for the Western Pacific

Acknowledgements

Special thanks are extended to the following individuals for their contributions: for the draft, Ms Trinetta Lee (Principal Consultant, Humanistiks Pte Ltd), Dr Susan Mercado (Director, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific), Dr Katrin Engelhardt (Technical Lead, Nutrition, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific) and Professor Keiko Nakamura (Head, Secretariat of the Alliance for Healthy Cities); for technical review and edits, the late Dr Precy Cabrera (Consultant, Noncommunicable Diseases and Health Promotion, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for Western Pacific), Mr Kelvin Khow (Technical Officer, Tobacco Free Initiative, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific), Dr Warrick Junsuk Kim (Medical Officer, Noncommunicable Diseases and Health Promotion, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for Western Pacific), Mr Byung Ki Kwon (Technical Officer, Noncommunicable Diseases and Health Promotion, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific), Dr Jason Ligot (Consultant, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific) and Dr Hai-Rim Shin (Coordinator, Noncommunicable Diseases and Health Promotion, Division of Noncommunicable Diseases and Health through the Life-Course, WHO Regional Office for the Western Pacific). This publication has been produced with the support of the Ministry of Health and Welfare, Republic of Korea.

预览已结束，完整报告链接和二维码如下：

https://www.yunbaogao.cn/report/index/report?reportId=5_27291

