



World Health  
Organization

Guideline:

# **Sugars intake for adults and children**





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## Abbreviations and acronyms

BMI	body mass index
CI	confidence interval
CVD	cardiovascular disease
eLENA	WHO e-Library of Evidence for Nutrition Actions
FAO	Food and Agriculture Organization of the United Nations
GINA	WHO Global database on the Implementation of Nutrition Action
GRADE	Grading of Recommendations Assessment, Development and Evaluation
NCD	noncommunicable disease
NGO	nongovernmental organization
NHD	WHO Department of Nutrition for Health and Development
NUGAG	WHO Nutrition Guidance Expert Advisory Group
OR	odds ratio
PICO	population, intervention, comparison and outcome
RCT	randomized controlled trial
SD	standard deviation
UK	United Kingdom of Great Britain and Northern Ireland
UN	United Nations
WHO	World Health Organization

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