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### Acronyms and abbreviations

ADL activities of daily living

BMI body mass index

CLHLS Chinese Longitudinal Healthy Longevity Survey

COPD chronic obstructive pulmonary disease

DALY disability-adjusted life years HALE healthy life expectancy

IADL instrumental activities of daily living

MCI mild cognitive impairment

NHSS National Health Service Surveys (China)

PCA personal care assistant

SAGE Study on global AGEing and adult health

WHO World Health Organization

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