

WHO recommendations on

Postnatal care of the mother and newborn

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Abbreviations

AIDS	acquired immunodeficiency syndrome
ARI	acute respiratory infection
BDI	Beck Depression Inventory
CHW	community health worker
CI	confidence interval
CRCT	cluster randomized controlled trial
DASS	Depression Anxiety and Stress Scale
EBF	exclusive breastfeeding
EPDS	Edinburgh Postnatal Depression Score
GDG	Guidelines Development Group
GHQ	General Health Questionnaire
GRC	Guidelines Review Committee
HAD	Hospital Anxiety and Depression
HAM	Hamilton Rating Scale for Depression
Hb	haemoglobin
HIV	human immunodeficiency virus
LMIC	low- and middle-income country
MADRS	Montgomery-Asberg Depression Rating Scale
MCA	Department of Maternal, Newborn, Child and Adolescent Health
MD	mean difference
NMR	neonatal mortality rate
OR	odds ratio
PICO	population (P), intervention (I), comparison (C), outcome (O)
PMR	perinatal mortality rate
POMS	Profile of Mood States
PPH	postpartum haemorrhage

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