

Tools for Advancing Tobacco Control in the XXI<sup>st</sup> century:  
POLICY RECOMMENDATIONS FOR SMOKING CESSATION AND  
TREATMENT OF TOBACCO DEPENDENCE  
"Tools for public health"



*Outils pour poursuivre la Lutte Antitabac au XXI<sup>e</sup> siècle:  
Recommandations de politique générale  
concernant le sevrage tabagique et le traitement  
de la dépendance à l'égard du tabac  
"Des instruments au service de la santé publique"*

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Noncommunicable Diseases  
and Mental Health Cluster

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sans tabac  
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Policy Recommendations for Smoking Cessation and Treatment of Tobacco Dependence



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World Health Organization  
Organisation mondiale de la Santé

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Geneva, Switzerland

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## Table of Contents

<b>Acknowledgements</b>	iii
<b>List of Abbreviations</b>	vii
<b>Foreword</b>	ix
<b>Executive Summary</b>	xi
<b>Résumé d'orientation</b>	xvii
<b>Resumen</b>	xxv
<b>Chapter 1. Supportive Environment</b>	1
Matrix I A broad policy framework for a comprehensive strategy on smoking cessation and treatment of tobacco dependence	7
<b>Chapter 2. Country Perspectives</b>	11
Selected country perspectives	11
Common challenges	11
<b>Chapter 3. Treatment of Tobacco Dependence and Smoking Cessation Methods</b>	15
<b>Rationale</b>	15
<b>Behavioural Interventions</b>	17
Physicians advice	18
Self-help materials	18
Behavioural and psychological interventions	19
Mass media communications campaigns	20
Telephone quitlines/internet-based services	20
Quit and Win competitions	22
Smoke-free places	23
<b>Pharmacologic interventions: tobacco dependence and withdrawal</b>	24
Efficacy across products	24
Nicotine replacement medications	25
Current forms of nicotine replacement therapy	26
Improving delivery	30
Nicotine safety and toxicity	31
The future	32
True pulmonary inhaler	32
Non-nicotine medications and substances for treating tobacco dependence	33
Bupropion hydrochloride	34
Clonidine	35
Nortriptyline	35
<b>Conclusion</b>	35



<b>Chapter 4. Prioritising cessation strategies according to different national circumstances and resource availability</b>	41
Matrix II Action required for a comprehensive strategy for smoking cessation and treatment of tobacco dependence	43
<b>Chapter 5. Building capacity for smoking cessation and treatment of tobacco dependence</b>	51
Future needs for capacity-building	51
Training of health professionals	52
<b>Chapter 6. The Role of WHO, its Partners, and the WHO FCTC Provisions</b>	55
WHO Tobacco Free Initiative	60
<b>Chapter 7. Selected key resources</b>	63
The WHO/SNRT database	63
The Partnership Project	63
The Cochrane Collaboration	64
<b>Chapter 8. Policy Recommendations for Smoking Cessation and Treatment of Tobacco Dependence</b>	67
<b>Annexes</b>	
Annex I Mayo Clinic Recommendations	71
Annex II List of participants at the WHO meeting on Global Policy For Smoking Cessation, Moscow, 14-15 June 2002	73

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This document has been produced following the WHO meeting on Global Policy for Smoking Cessation which took place in Moscow on 14 and 15 June 2002. The purpose of the meeting was to develop policy recommendations for smoking cessation and treatment of tobacco dependence, taking into account countries' different national contexts, culture, health-care systems and financing capacity. The meeting was divided into three parts. The first part consisted of country-specific presentations on the status of smoking cessation activities; it highlighted the major barriers and challenges in developing national smoking-cessation programmes within national health care system. The presentations during the second part of the meeting addressed various cessation methods including: communication campaigns; Quit & Win campaigns; quitlines and Internet services; smoke-free places; behavioural interventions; nicotine replacement therapy and pharmacotherapies; adherence to smoking cessation therapies; training of health professionals; and future research needs and capacity-building. The last part of the meeting was conducted in the form of a workshop; it focused on translating the Mayo Clinic Recommendations on smoking cessation and treatment of tobacco dependence into feasible activities, taking into account the different levels of political will and availability of resources for tobacco control within countries.

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