

Making Cities **Smoke-free**



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ACRONYMS

DSR	designated smoking room
NGO	nongovernmental organization
SHS	second-hand smoke
WHO	World Health Organization
WHO FCTC	WHO Framework Convention on Tobacco Control
WHO TFI	World Health Organization, Tobacco Free Initiative
WHO Kobe Centre	World Health Organization, Centre for Health Development

FORWARD

A message to mayors

With growing numbers of people moving into cities, the challenges facing municipalities today to expand public services under their control are innumerable. In many countries, greater political and financial power is being devolved to city councils and, while this may be a positive development, the financial resources available to the authorities to assume additional responsibilities for more people appear to be shrinking.

Given these challenges, properly protecting the health of your city's residents may seem, at first glance, to be a daunting task. However, there is at least one cost-effective measure you can put in place to greatly improve the health of those who live and work in your city: adopt and implement legislation to prohibit tobacco smoking in indoor public places and workplaces (smoke-free legislation).

This paper is intended to assist your staff and other city officials to prepare for and implement smoke-free legislation that is popular, complied with, and effective in improving health. Implementation of smoke-free legislation is associated with better health amongst workers, improved indoor air quality, and a lower incidence of heart attacks.

The paper draws on the experience of many different jurisdictions to provide practical information about how your city can become smoke-free.

Apart from practical guidance, there is one key ingredient for success that you must contribute: political leadership.

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