













WHO best practices for injections and related procedures toolkit

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Contents

Pref	face			V
Ack	nov	vledge	ments	.vii
Acre	ony	ms		ix
1	Bac	kgroun	nd	1
	1.1	Unsaf	e injection	1
2	1.2	Purpo	se and scope	1
2	1.3	Target	audience	2
2	1.4	Blood	borne virus transmission	2
		1.4.1	Hepatitis B virus	2
		1.4.2	Hepatitis C virus	3
		1.4.3	Human immunodeficiency virus	3
-	1.5	Preve	ntion strategies	4
2	Bes	t pract	ices for injection	5
2	2.1	Gener	al safety practices	5
		2.1.1	Hand hygiene	5
			Gloves	
			Other single-use personal protective equipment	
			Skin preparation and disinfection	
			Summary of best practice	
2	2.2	,	on devices and medications	
			Injection devices	
			Medication	
			Preparing injections	
			Administering injections	
			ntion of sharps injuries to health workers	
			management	
			ice in phlebotomy and blood collection	
			tial effects of unsafe phlebotomy	
3	3.2		round information on best practices in phlebotomy	
			Quality care for patients and health workers	
			Quality of laboratory sampling	
			Blood-sampling systems	
			Blood collection for blood transfusion purposes	
;	3.3		cal guidance on best practices in phlebotomy	
			Provision of an appropriate location	
			Provision of clear instructions	
			Procedure for drawing blood	
			Collecting blood for blood donation	
			Adverse events in blood donation	
:	2 /		ations for best practices in phlebotomy	
			nal risks and management of bloodborne pathogensoccupational health care	
2	+.1		Immunization against hepatitis B	
			Testing for HBV, HCV and HIV	
	1 2		ntion of needle-stick injuries and other blood exposures using a hierarchy of controls.	
			iew of management of exposure to blood	
2	د.٠	4.3.1	First aid	
		4.3.1	Notification	
			Risk assessment	. ၁၁ २२

4.4	Evaluation and management of exposure to HBV	33
	4.4.1 Risk of transmission of HBV	33
	4.4.2 Management of HBV exposure	34
	4.4.3 Follow-up of HBV exposure	34
4.5	Evaluation and management of exposure to HCV	
	4.5.1 Risk of transmission of HCV	
	4.5.2 Management of exposure to HCV	
	4.5.3 Follow-up of HCV exposure	35
4.6	Management of exposure to HIV	
	4.6.1 Risk of transmission of HIV	
	4.6.2 Management of exposure to HIV	
	4.6.3 Follow-up of HIV exposure	38
Referei	nces	41
Annex	A: Indications for glove use in health care	47
Annex	B: Disassembly of needle from syringe or other devices	49
Glossai	ıry	51
	•	_
Tables		
	le 1.1 Examples of conditions causing risks in giving injections or collecting blo	ood4
Tabl	le 2.1 Indications and precautions for hand hygiene	6
Tabl	le 2.2 Indications for glove use in injection practice	
Tabl	le 2.3 Skin preparation for different types of injection	7
Tabl	le 2.4 Infection prevention and control practices	8
Tabl	le 2.5 Recommendations on medication containers	9
Tabl	le 3.1 Elements of quality assurance in phlebotomy	14
Tabl	le 3.2 Systems used for blood sampling	15
Tabl	le 3.3 Recommended needle gauge, length and device for routine injection	
	and phlebotomy procedures for different age groups	47
Tabl		1/
Tabl	le 4.1 First-aid care of the exposure site	
	le 4.1 First-aid care of the exposure site	
	•	32
Tabl	le 4.2 Hepatitis B post-exposure prophylaxis and immunization follow-up in occupational settings	32
	le 4.2 Hepatitis B post-exposure prophylaxis and immunization follow-up in occupational settings	32 34 36 36
Tabl	le 4.2 Hepatitis B post-exposure prophylaxis and immunization follow-up in occupational settings	32 34 36 36 axis38



Preface

A safe injection is one that does not harm the recipient, does not expose the provider to any avoidable risks and does not result in waste that is dangerous for the community. Unsafe injection practices can lead to transmission of bloodborne pathogens, with their associated burden of disease.

To ensure rational and safe use of injections globally, better injection safety practices are needed. The responsibility for ensuring injection safety rests with national governments, prescribers, administrators, receivers of injections and the wider community. The World Health Organization (WHO) acknowledges this responsibility of its member states and the challenges they face. Through the WHO Injection Safety programme and the Safe Injection Global Network (SIGN – whose secretariat is hosted by WHO), the organization demonstrates its commitment to preventing injection-related disease transmission for patients, health workers and the community at large, through the rational and safe use of injections. WHO and SIGN recognize the importance of infection prevention and control in injection safety.

The WHO strategy for the safe and appropriate use of injections worldwide has four objectives:

- formulating national policies and plans for the safe and appropriate use of injections;
- ensuring quality and safety of injection equipment;
- facilitating equitable access to safe injection practices and equipment;
- achieving appropriate, rational and cost-effective use of injections.

In keeping with these objectives, SIGN has developed this toolkit for injection safety and related procedures.

The toolkit covers elements of standard precautions relevant to the transmission of bloodborne pathogens through unsafe injection practices in health-care settings. The document will help to increase health workers' awareness of the importance of standard precautions relevant to injection safety. Its main target is health workers actively engaged in the administration of the various types of injections in all health and related care services, particularly at the peripheral level. However, other people administering injections may find the toolkit useful.

The main areas covered by the toolkit are:

- bloodborne pathogens transmitted through unsafe injection practices;
- relevant elements of standard precautions and associated barrier protection;
- best injection and related infection prevention and control practices;
- occupational risk factors and their management.

The toolkit is illustrated with practical designs that make it an easy source of reference for the user, and can be used to produce posters, flash cards and spreadsheets. WHO has also produced an aide-memoire, to introduce the reader to the subject.

Compliance with the toolkit is recommended, as it is expected to improve the safety of injections for both patients and health workers.

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