

**Mental Health Policy and
Service Guidance Package**

MENTAL HEALTH POLICY, PLANS AND PROGRAMMES

(updated version)



World Health Organization, 2004

*“A mental health policy
and plan is essential to coordinate
all services and activities related
to mental health. Without adequate
policies and plans, mental disorders
are likely to be treated in an
inefficient and fragmented
manner.”*

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WHO Library Cataloguing-in-Publication Data

Mental health policy, plans and programmes - Rev. ed.
(Mental health policy and service guidance package)

1. Mental health
2. Mental health services
organization and administration
3. Public policy
4. National health programmes
organization and administration
5. Health plan implementation
6. Health planning guidelines I. World Health Organization II. Series.

ISBN 92 4 154646 8
(NLM classification: WM 30)

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Printed in Singapore

Acknowledgements

The Mental Health Policy and Service Guidance Package was produced under the direction of Dr Michelle Funk, Coordinator, Mental Health Policy and Service Development, and supervised by Dr Benedetto Saraceno, Director, Department of Mental Health and Substance Abuse, World Health Organization.

The World Health Organization gratefully thanks Dr Alberto Minoletti, Ministry of Health, Chile, who prepared this module.

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