



WORLD HEALTH ORGANIZATION

DEPARTMENT OF CHILD AND ADOLESCENT
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WHO and UNICEF developed the Global Strategy on Infant and Young Child Feeding in 2002 to revitalize world attention to the substantial impact of feeding practices on the growth and development, health, and survival of infants and young children. The present review examines the evidence for the contribution that community-based interventions can make to improve infant and young child feeding, and identifies factors that are important to ensure that interventions are successful and sustainable. The findings show that families and communities are more than simple beneficiaries of interventions; they are also resources to shape the interventions and extend coverage close to where mothers, other caregivers and young children live. It is intended that the experiences presented here will help policy makers, programme planners, and health professionals in the essential and challenging task of translating knowledge into action at all levels: the health system, the community and civil society at large.

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COMMUNITY-BASED STRATEGIES FOR BREASTFEEDING PROMOTION AND SUPPORT IN DEVELOPING COUNTRIES



Selected WHO publications of related interest

WHO. *Global Strategy for infant and young child feeding*. Geneva: World Health Organization, 2003

http://www.who.int/child-adolescent-health/publications/NUTRITION/IYCF_GS.htm

Pan American Health Organization. *Guiding Principles for complementary feeding of the breastfed child*. Washington DC: Pan American Health Organization, World Health Organization, 2003

http://www.who.int/child-adolescent-health/New_Publications/NUTRITION/guiding_principles.pdf

WHO/UNAIDS/UNFPA/UNHCR/UNICEF/FAO/WFP/IAEA/World Bank. *HIV and infant feeding: framework for priority action*. Geneva: World Health Organization, 2003

http://www.who.int/child-adolescent-health/publications/NUTRITION/HIV_IF_Framework.htm

WHO. *Complementary feeding: family foods for breastfed children*. WHO/NHD/001, WHO/FCH/CAH/00.6. Geneva: World Health Organization, 2000

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WHO. *HIV and infant feeding counselling: a training course*. WHO/FCH/CAH/002.6 Geneva: World Health Organization, 2000

<http://www.who.int/child-adolescent-health/publications/NUTRITION/HIVC.htm>

WHO. *Evidence for the Ten Steps to Successful Breastfeeding*. WHO/CHD/98.9. Geneva: World Health Organization, 1999

http://www.who.int/child-adolescent-health/New_Publications/NUTRITION/WHO_CHD_98.9.pdf

WHO. *Improving family and community practices: a component of the IMCI strategy*. WHO/CHD/98.18 Geneva: World Health Organization, 1998

http://www.who.int/child-adolescent-health/publications/IMCI/WHO_CHD_98.18.htm

WHO/UNICEF. *Breastfeeding counselling: a training course*. WHO/CDR/93.3, UNICEF/NUT/93.1 Geneva: World Health Organization, 1993

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**COMMUNITY-BASED STRATEGIES
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